

103 BREAST REDUCTION - BILATERAL

Updated August 29, 2019 page 1/2

ANESTHESIA NOTES	GA: ETT or LMA, Kefzol 1gm IV; fluid warmer Tranexamic acid 1 gm IV
PATIENT POSITION SETUP	<ul style="list-style-type: none"> ● supine, 6 chux, arms out on boards, covered with green towels and taped w/ 2" silk. ● Sequential pneumatic compression device ● <u>tattoo kit</u>: 22g needle, Kelly clamp, 3cc syringe 18g needle, 4x4, non-sterile large vinyl gloves ● Bovie machine <u>and</u> suction at head of bed
TABLE POSITION	pillow under knees
ROOM SETUP	Pre-warm room to 70°; place Baer hugger on OR table prior Bring patient back wrapped with warm blankets [3] Mayo stands, [1] large back table Lower body Baer hugger
EQUIPMENT	<ul style="list-style-type: none"> ● Digital scale ● [3] specimen containers or suction canisters for weighing ● bag decanter ● Gwen's foot pad ● [2] white hydraulic pump up stools ● Wrapping boards - medium and large ● [2] rolling stools in room ● Zimmer Fluid Waste Management System ● RFID wand at end
PREP	CHG (chlorhexidine) prep, down to blue chux
STERILE PACKS and DRAPING	<p>PLASTIC SURGERY PACK</p> <p>Laparoscopic chole drape</p> <p>[2] size 7½ Protegrity latex gloves for Dr. C</p> <p>[1] ea 7½ Biogel and 7½ blue for Gwen</p> <p>[6] sticky paper drapes</p> <p>[1] mag pad</p> <p>[2] half sheets to cover arms; [1] bottom sheet</p> <p>[2] mayo stand covers >>> cut one in half for draping</p>
CAUTERY	Bovie 50/50 pure Valleylab flat short silver tip (E1450-X) Saf-T-Vac
SUCTION	[2] suction: regular with plastic Yankauer <u>and</u> Saf-T-Vac [2] suction tubing - head of bed Zimmer Fluid Waste Management System
SOLUTIONS IRRIGATION	[3] liters Normal saline, [2] liters sterile water TRANEXAMIC ACID (TXA) SOLUTION: 2gm in 100cc NS irrigation
NEEDLES SYRINGES	[3] 20cc syringes, [3] long Quincke 22g spinal needles
LOCAL ANESTHETIC	Solution "C" 200cc - Mix 2%lidocaine w/epi 50cc + 0.5%Marcaine w/epi 50cc + NS 100cc
MEDICATIONS	<ul style="list-style-type: none"> ● [2] Bactroban ointment tubes ● methylene blue (to mark before prep) ● [3] Tranexamic acid 1 gm vials; 1 for IV; 2 for irrigation

SETS TO OPEN: DrC Special Plastic set, metal basins, 3 Mayo stands				
INSTRUMENTS USED (ON 2 MAYO STANDS)				
■ FORCEPS	Martins, 01's Adson, 03's Adson, 083's 6" Adson			
■ SCISSORS	curved Mayo serrated, str Mayo, str Metz, Lister bandage			
■ NEEDLE HOLDERS	[3] Mayo-Hagar for 2-0 Vicryl [4] serr Aesculap Crile-Wood for 3-0 & 4-0 Monocryl			
■ RETRACTORS	none			
■ KNIFE BLADES	[3] round knife handles w/ [6] No. 10 blades			
■ OTHER	[2] hemostats for drains [1] large metal kidney basin [3] towel clamps to lift breast flaps			
SUPPLIES				
STERILE SUPPLIES	[4] Devon green double ended marking pens [2] Asepto syringes [2] non-disposable light handles [6] No. 10 blades BP ***DO NOT USE FROM PACK*** [1] Bag decanter [1] Basin set - <i>HOLD FOR KASEMAN</i> [1] Saf-T-Vac [5] 20cc syringes [5] long <i>Quincke</i> 22g spinal needles			
SPONGES and TOWELS	[6] Lap sponges, [2] towel packs			
NON-STERILE SUPPLIES	Wrapping board, large or medium, baby powder [3] specimen containers or small suction canisters for weighing			
	No	Type	SN	status
SUTURES	[2]	3-0 Ethilon PS-1	1663	open
	[4]	2-0 Vicryl CT-1	J 945	open
	[6]	3-0 Monocryl SH	Y 416	open
	[4]	4-0 Monocryl PS -2	Y 426	open
	[1]	5-0 Plain gut P3	686	open
DRAINS	[2] 15 Fr. Round Blake cat #2228 drains <i>with connectors and reservoir bulbs</i> - [do <u>not</u> use <i>Bard</i>]			
DRESSINGS	[2] tongue blades [2] 3"x18" Vaseline gauze [2] packs 4"x4" soft sponges [2] drain sponges [2] 22g tube Bactroban ointment		[2] ABD pads [2] 6" Ace [2] Kerlix [2] safety pins bandage scissors	
POSTOPERATIVE	RFID wand Baby powder to wrapping board, medium or large Lift with 3 people Safety pin reservoirs to ace wrap			
NOTES	Weigh specimen on digital scale in small suction canisters after zeroing. Record weight on board, chart in operative report and card for Dr. C.			
DATES MODIFIED	May 2006, Aug 2007, Oct 2007, Apr 2008, May 2009, Oct 2010, Mar 2012, May 2012, Jan 2013, Feb 2013, Mar 2013, Jun 2014, Sept 2014, Dec 2014, Aug 2015, Mar 2016, Jul 2016, Dec 2018, Aug 2019			