

103 BREAST REDUCTION - BILATERAL

Updated July 3, 2016
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OPERATIVE TIME: 3 HOURS	USUAL LOCATIONS: Pres Main, Kaseman, Lovelace Woman's
ICD10 CODE: N62Breast hypertrophy	CPT CODE:19318 Breast Reduction
ANESTHESIA NOTES	GA: ETT or LMA, Kefzol 1gm IV; fluid warmer
PATIENT POSITION SETUP	<ul style="list-style-type: none"> ● supine, 6 chux, arms out on boards, covered with green towels and taped w/ 2" silk. ● Sequential pneumatic compression devices ● <u>tattoo kit</u>: 22g needle, Kelly clamp, 3cc syringe 18g needle, 4x4, non-sterile large vinyl gloves ● Bovie machine <u>and</u> suction at head of bed
TABLE POSITION	pillow under knees
ROOM SETUP	Pre-warm room to 70°; place Baer hugger on OR table prior Bring patient back wrapped with warm blankets
EQUIPMENT	<ul style="list-style-type: none"> ● Lower body Baer hugger ● Digital scale ● [3] specimen containers or suction canisters for weighing ● bag decanter ● Wrapping boards - medium and large ● [1-2] rolling stools in room ● ***new*** Dornoch OR Fluid Waste Management System
PREP	CHG (chlorhexidine) prep, down to blue chux
STERILE PACKS and DRAPING	<p>PLASTIC SURGERY PACK</p> <p>Laparoscopic chole drape</p> <p>[2] size 7½ Protegrity latex gloves for Dr. C</p> <p>[1] ea 7½ Biogel and 7½ blue for Gwen</p> <p>[6] sticky paper drapes</p> <p>[1] mag pad</p> <p>[2] half sheets to cover arms; [1] bottom sheet</p> <p>[2] mayo stand covers -> cut one in half for draping</p>
CAUTERY	Bovie 50/50 pure with Covidien coated tip Saf-T-Vac bovie pad
SUCTION	<p>[2] suction: regular with plastic Yankauer <u>and</u> Saf-T-Vac</p> <p>[2] suction tubing - head of bed</p> <p>***new*** Dornoch OR Fluid Waste Management System</p>
SOLUTIONS IRRIGATION	[3] liters Normal saline, [2] liters sterile water
NEEDLES SYRINGES	[3] 20cc syringes, [3] long Quincke 22g spinal needles
LOCAL ANESTHETIC	Solution "C" 200cc - Mix 2%lidocaine w/epi 50cc + 0.5%Marcaine w/epi 50cc + NS 100cc
MEDICATIONS	<ul style="list-style-type: none"> ● [2] Bactroban ointment tubes ● methylene blue (to mark before prep)

<p>TO BRING TO OTHER FACILITY (Lovelace Woman's Hospital)</p>	<ul style="list-style-type: none"> ● Dr. C Plastic/Breast set ● Vinyl gloves ● digital scale ● [1] Kelly clamp ● [2] Saf-t-Vac ● [2] Blake 15 fr drains ● [2] Soft sponge packs ● [4] sterile marking pens 	<ul style="list-style-type: none"> ● [2] coated bovie tip ● wrapping board ● baby powder ● Sharpie ● [2] tongue depressors ● [1] package of 2 large safety pins ● [2] 7½ Protegrity latex gloves ● [3] copies of this Preference Sheet
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SETS TO OPEN:

- ▶ Dr. C Plastic set, metal basin for Solution C
- ▶ Dr. C metal pan set
- ▶ 2 Mayo stands

INSTRUMENTS USED (ON 2 MAYO STANDS)

■ FORCEPS	Martins, 01's Adson, 03's Adson, 08's 6" Adson
■ SCISSORS	curved Mayo serrated, str Mayo, str Metz, Lister bandage
■ NEEDLE HOLDERS	[3] Mayo-Hagar for 2-0 Vicryl [4] serr Aesculap Crile-Wood for 3-0 & 4-0 Monocryl
■ RETRACTORS	none
■ KNIFE BLADES	[3] round knife handles w/ [6] No. 10 blades
■ OTHER	[2] hemostats for drains [1] large metal kidney basin [3] towel clamps to lift breast flaps

SUPPLIES

STERILE SUPPLIES	[4] Devon green double ended marking pens [2] Asepto syringes [2] non-disposable light handles [6] No. 10 blades BP ***DO NOT USE FROM PACK*** [1] Bag decanter [1] Basin set - <i>HOLD FOR KASEMAN</i> [1] Saf-T-Vac [5] 20cc syringes [4] long <i>Quincke</i> 22g spinal needles
SPONGES and TOWELS	[6] Lap sponges, [2] towel packs
NON-STERILE SUPPLIES	Wrapping board, large or medium, baby powder [3] specimen containers or small suction canisters for weighing

	No	Type	SN	status
SUTURES	[2]	3-0 Ethilon PS-1	1663	open
	[4]	2-0 Vicryl CT-1	J 945	open
	[6]	3-0 Monocryl SH	Y 416	open
	[4]	4-0 Monocryl PS -2	Y 426	open
	[1]	5-0 Plain gut P3	686	open

DRAINS	[2] 15 Fr. Round Blake cat #2228 drains <i>with connectors</i> and <i>reservoir bulbs</i> - [do <u>not</u> use <i>Bard</i>]
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DRESSINGS	[2] tongue blades [2] 3"x18" Vaseline gauze [2] packs 4"x4" soft sponges [2] drain sponges [2] 22g tube Bactroban ointment	[2] ABD pads [2] 6" Ace [2] Kerlix [2] safety pins bandage scissors
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POSTOPERATIVE	Baby powder to wrapping board, medium or large Lift with 3 people Safety pin reservoirs to ace, mark 1 & 2 with Sharpie
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NOTES	Weigh specimen on digital scale in small suction canisters after zeroing. Record weight on board, chart in operative report and card for Dr. C.
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DATES MODIFIED	May 2006, Aug 2007, Oct 2007, Apr 2008, May 2009, Oct 2010, Mar 2012, May 2012, Jan 2013, Feb 2013, Mar 2013, Jun 2014, Sept 2014, Dec 2014, Aug 2015, Mar 2016, Jul 2016
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