

104 VERTICAL BREAST REDUCTION

This is essentially the same as conventional reduction, main difference is in sutures.
Note slightly different setup in Main and Day

updated May 12, 2009

OPERATIVE TIME: 3 HOURS FREQUENCY: 2-4 per year ICD9 CODE: 611.1	USUAL LOCATION(S): Pres Main and Day ASSISTANT: Yes, Cheryl or Gwen CPT CODE(S): 19318 Breast Reduction
ANESTHESIA NOTES PATIENT POSITION SETUP TABLE POSITION ROOM SETUP	GA, ETT or LMA Antibiotic: Kefzol 1gm IV supine, 6 chux, arms out on boards, covered with green towels and taped, 2" silk. Sequential teds (<u>Main</u>) or plexipulses (<u>Day</u>), tattoo kit: 22g needle, kelly clamp, 3cc syringe 18g needle, 4x4, gloves pillow under knees, table in semi-recumbent position Pre-warm room and table
EQUIPMENT SPECIALS PREP DRAPING CAUTERY SUCTION	Baer hugger, metric digital scale, small suction canisters for weighing tissue, bag decanter for solution C. <u>Day surgery</u> need headlight <u>Main OR</u> need fluid warmer for Gwen CHG prep set, down to blue chux <u>Day Surgery</u> Plastic Drape Pack, [2] size 8 gloves for Dr. C, 7 ½ Biogel and 7 ½ blue for Gwen <u>Main OR</u> Plastic Drape Pack, mag pad, [3] quarter sheets, [2] mayo stand covers, [4-6] sticky paper drapes, basic pack, 3 gowns, [2] size 8 gloves Bovie 50/50 pure, Valley lab silver tip with Saf-T-Vac [2] suction: regular with plastic Yankauer and Saf-T-Vac [2] suction tubing
SOLUTIONS IRRIGATION NEEDLES SYRINGES LOCAL ANESTHETIC MEDICATIONS	Normal saline [3] liters [4] 20cc syringes, [4] long Quincke 22g spinal needles Solution "C" 200cc - Pharmacy will make up <input type="checkbox"/> Bacitracin ointment 2 oz <input type="checkbox"/> methylene blue

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	SETS TO OPEN	Dr. C Plastic set, basin for Solution C																																										
	INSTRUMENTS USED (ON MAYO STAND)																																											
	<ul style="list-style-type: none"> ■ FORCEPS 	Martin 7x8 tissue, 01 Adson, 03 Adson, regular adson with teeth																																										
	<ul style="list-style-type: none"> ■ SCISSORS 	curved Mayo serrated, str Mayo, str Metz,																																										
	<ul style="list-style-type: none"> ■ NEEDLE HOLDERS 	[3] Crile wood, [3] Mayo Hagar, [1] Webster																																										
	<ul style="list-style-type: none"> ■ RETRACTORS 	[2] large facelift, Gold breast retractor																																										
	<ul style="list-style-type: none"> ■ KNIFE BLADES 	[2] knife handles, [4] No. 10 blades																																										
	<ul style="list-style-type: none"> ■ OTHER 	[2] Hemostats for drains																																										
	<ul style="list-style-type: none"> ■ STERILE SUPPLIES 	[4] marking pens																																										
		[2] Asepto syringes,																																										
		[2] non-disposable light handles (Main)																																										
	<ul style="list-style-type: none"> ■ SPONGES 	[6] Lap sponges																																										
	<ul style="list-style-type: none"> ■ NON-STERILE SUPPLIES 	Wrapping board, large or small, baby powder																																										
		[3] Small suction canisters for weighing																																										
	SUTURES	<ul style="list-style-type: none"> ● ● ● ● ● ● ● ● ● 	<table border="1"> <thead> <tr> <th>No</th> <th>Type</th> <th>SN</th> <th>status</th> </tr> </thead> <tbody> <tr> <td>[2]</td> <td>3-0 Ethilon PS-1</td> <td>1663</td> <td>open</td> </tr> <tr> <td>[4]</td> <td>2-0 Vicryl CT-1</td> <td>J945</td> <td>hold</td> </tr> <tr> <td>[4]</td> <td>3-0 Vicryl SH</td> <td>J416</td> <td>hold</td> </tr> <tr> <td>[4]</td> <td>4-0 Vicryl PS-2</td> <td>J496</td> <td>open</td> </tr> <tr> <td>[2]</td> <td>3-0 Monocryl PS-2</td> <td>Y427</td> <td>hold</td> </tr> <tr> <td>[4]</td> <td>3-0 Monocryl SH</td> <td>Y416</td> <td>open</td> </tr> <tr> <td>[4]</td> <td>4-0 Monocryl PS-2</td> <td>Y426</td> <td>open</td> </tr> <tr> <td>[2]</td> <td>5-0 Monocryl P-3</td> <td>Y493</td> <td>open</td> </tr> <tr> <td>[1]</td> <td>5-0 Plain gut P3</td> <td>1915</td> <td>hold</td> </tr> </tbody> </table>	No	Type	SN	status	[2]	3-0 Ethilon PS-1	1663	open	[4]	2-0 Vicryl CT-1	J945	hold	[4]	3-0 Vicryl SH	J416	hold	[4]	4-0 Vicryl PS-2	J496	open	[2]	3-0 Monocryl PS-2	Y427	hold	[4]	3-0 Monocryl SH	Y416	open	[4]	4-0 Monocryl PS-2	Y426	open	[2]	5-0 Monocryl P-3	Y493	open	[1]	5-0 Plain gut P3	1915	hold	
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	<ul style="list-style-type: none"> ■ DRAINS 	[2] 15 Fr. Round Blake drains with <i>connectors</i> and <i>reservoir bulbs</i> - 2188.																																										
	<ul style="list-style-type: none"> ■ DRESSINGS 	<ul style="list-style-type: none"> <li style="width: 50%;">● [2] tongue blades <li style="width: 50%;">● [2] ABD <li style="width: 50%;">● [2] 3x18 Vaseline gauze <li style="width: 50%;">● [2] 6" Ace <li style="width: 50%;">● [2] 4x4 <li style="width: 50%;">● [2] kerlix <li style="width: 50%;">● [2] cut drain sponges <li style="width: 50%;">● [2] safety pins 																																										
	<ul style="list-style-type: none"> ■ POSTOPERATIVE 	Call for bed from 7D																																										
		Lift with wrapping board, 3 people																																										
		Safety pin reservoirs to ace, mark 1 & 2 with Sharpie																																										
	<ul style="list-style-type: none"> ■ NOTES 	weigh specimen on digital scale in small suction canister after zeroing. Record weight on board, chart operative report and card for Dr. C.																																										
	<p>COMMENTS: The main difference with Vertical technique is the use of 3-0 monocryl, everything else is the same. The difference is the absence of a long horizontal scar. Markings are done the day before surgery in the office.</p> <p>SEE ALSO, SAME AS</p> <p>DATE MODIFIED</p>		<p>See 103 Breast Reduction for Master setup</p> <p>May 2006, Jan 2008, April 2008, May 2009</p>																																									