

106 MASTOPEXY only - no implantsupdated August 31, 2013
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OPERATIVE TIME 3 ½ hours	ASSISTANT: yes
CPT CODE:19316 MASTOPEXY	ICD9: V50.1ELECTIVE COSMETIC, 757.6 BREAST
ANESTHESIA NOTES	GA, ETT or LMA, Kefzol 1gm IV
PATIENT POSITION SETUP	supine, 6 chux, arms out on boards, covered with green towels and taped, 2" silk. Plexipulses, Tattoo kit: Methylene blue, 22g needle, 18g needle, 3cc syringe, Kelly clamp, 4x4's, gloves
TABLE POSITION	Pillow under knees, Dr. C will position table. Sometimes sits patient upright during surgery.
ROOM SETUP	Pre-warm table with Baer hugger
EQUIPMENT	Baer hugger, bag decanter. Headlight and light source, wrapping boards, pump up stool
SPECIALS	none
PREP	CHG prep set, down to blue chux
DRAPING	Plastic drape pack. Lap chole drape, mag pad, [3] quarter sheets, [2] mayo stand covers, [6] sticky paper drapes, basic pack
CAUTERY	Machine at head of bead. Bovie 30/30 pure, Saf-T-Vac [2] bovie tips: Valleylab coated silver tip <u>and</u> flat tip bovie extender
SUCTION	At head of table. [2] suctions: regular plastic Yankauer and Saf-T-Vac [2] sterile suction tubing
SOLUTIONS IRRIGATION	! Normal saline irrigation [3] liters ! [2] Asepto syringes
NEEDLES SYRINGES	! [2] 20cc syringes for solution "C" ! [2] long Quincke 22g spinal needles
LOCAL ANESTHETIC	Solution "C" 200cc - Mix 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + NS 100cc
MEDICATIONS	! methylene blue ! Kefzol 1 gm for irrigation ! Bacitracin ointment 2oz

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SETS TO OPEN		Dr. C Plastic set, retractor set			
INSTRUMENTS USED (ON MAYO STAND)					
○ FORCEPS		Martin 7x8 tissue, 01 Adson, 03 Adson, regular adson			
○ SCISSORS		curved Mayo serrated, str Mayo, str Metz			
○ NEEDLE HOLDERS		[4] Crile wood, [2] Mayo Hagar, [2] Olson Hagar			
○ RETRACTORS		[2] large facelift, breast retractor, Richardson, Army Navy, Double ended gold retractor			
○ KNIFE BLADES		[2] knife handles, [4] No. 10 blades *** DO NOT USE BLADES FROM PACKS***			
○ OTHER		[2] Hemostats for drains			
STERILE SUPPLIES		[4] marking pens, [2] Asepto syringes			
SPONGES		[4] Lap sponges			
NON-STERILE SUPPLIES		Wrapping board, large or medium, baby powder			
		No	Type	SN	status
SUTURES		M	[4] 2-0 Vicryl CT-1	J945	open
		M	[6] 3-0 Monocryl SH	Y416	open
		M	[4] 4-0 Monocryl PS-2	Y426	open
		M	[2] 5-0 Monocryl P3	Y493	hold
		M	[2] 5-0 Plain gut P3	1915	hold
		M	[2] 3-0 Ethilon PS-1	1663	hold
DRAINS		[2] 15 Fr. Round Blake drains with connectors and reservoir bulbs - 2188. - <i>hold do not open</i>			
DRESSINGS		! [2] tongue blades	! [2] ABD		
		! [2] 3x18 Vaseline gauze	! [2] 6" Ace		
		! [2] 4x4 dressing sponges	! [3] kerlix		
		! [2] cut drain sponges	! [2] safety pins		
POSTOPERATIVE		Lift with wrapping board, 3 people Safety pin reservoirs to ace, mark with Sharpie			
NOTES					
DATES MODIFIED		Sept 2009, Aug 2013			