

# 107 MASTOPEXY *with* SALINE or GEL IMPLANTS

see also [102 Saline Implant Setup](#), [106 Mastopexy](#), [108 Breast Augmentation](#)

updated August 31, 2013  
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OPERATIVE TIME 3 ½ hours	ASSISTANT: yes
CPT CODE(S):	19316 MASTOPEXY, 19325 BREAST AUGMENTATION WITH IMPLANT
ICD9:	V50.1ELECTIVE COSMETIC, 757.6 BREAST
<b>ANESTHESIA NOTES</b>	GA, ETT or LMA, Kefzol 1gm IV
<b>PATIENT POSITION   SETUP</b>	supine, 6 chux, arms out on boards, covered with green towels and taped, 2" silk. Plexipulses, Tattoo kit: Methylene blue, 22g needle, 18g needle, 3cc syringe, Kelly clamp, 4x4's, gloves
<b>TABLE POSITION</b>	Pillow under knees, Dr. C will position table. Sometimes sits patient upright during surgery.
<b>ROOM SETUP</b>	Pre-warm table with Baer hugger
<b>EQUIPMENT</b>	Baer hugger, bag decanter. Headlight and light source, wrapping boards, pump up stool
<b>IMPLANTS</b>	Implant <b>sizers</b> - NOTE: as of 2013, sterile, non-reusable implant sizers will be provided by the OR.
	<b>Implants</b> - open only when requested, verify with Dr. before opening. DO NOT REMOVE ANY STICKERS. KEEP ALL LABELS AND PACKING IN BOX. MARK BOX WITH R or L SIDE AND RECORD VOLUME. INCLUDE 6 PT ID STICKERS FOR DR. TO USE.
<b>SPECIALS</b>	none
<b>PREP</b>	CHG prep set, down to blue chux
<b>DRAPING</b>	Plastic drape pack. Lap chole drape, mag pad, [3] quarter sheets, [2] mayo stand covers, [6] sticky paper drapes, basic pack
<b>CAUTERY</b>	Machine at head of bead. Bovie 30/30 pure, Saf-T-Vac [2] bovie tips: Valleylab coated silver tip <u>and</u> flat tip bovie extender
<b>SUCTION</b>	At head of table. [2] suctions: regular plastic Yankauer and Saf-T-Vac [2] sterile suction tubing
<b>SOLUTIONS   IRRIGATION</b>	! Normal saline irrigation [3] liters ! [2] Asepto syringes ! Kefzol irrigation for implants w/ blue bulb OPEN ONLY IF USING SALINE: ! Hang 2L sterile IV saline to fill implants ! Cysto tubing, single
<b>NEEDLES   SYRINGES</b>	! [6-8] 60cc syringes for filling implants, ! [2] 20cc syringes for solution "C" ! [2] long Quincke 22g spinal needles
<b>LOCAL ANESTHETIC</b>	Solution "C" 200cc - Mix 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + NS 100cc
<b>MEDICATIONS</b>	! methylene blue ! Kefzol 1 gm for irrigation ! Bacitracin ointment 2oz

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<b>SETS TO OPEN</b>		Dr. C Plastic set, retractor set			
<b>INSTRUMENTS USED (ON MAYO STAND)</b>					
○ <b>FORCEPS</b>		Martin 7x8 tissue, 01 Adson, 03 Adson, regular adson			
○ <b>SCISSORS</b>		curved Mayo serrated, str Mayo, str Metz			
○ <b>NEEDLE HOLDERS</b>		[4] Crile wood, [2] Mayo Hagar, [2] Olson Hagar			
○ <b>RETRACTORS</b>		[2] large facelift, breast retractor, Richardson, Army Navy, Double ended gold retractor			
○ <b>KNIFE   BLADES</b>		[2] knife handles, [4] No. 10 blades *** DO NOT USE BLADES FROM PACKS***			
○ <b>OTHER</b>		[2] Hemostats for drains			
<b>STERILE SUPPLIES</b>		[4] marking pens, [2] Asepto syringes			
<b>SYRINGES and CONNECTORS</b>		! [2] Asepto syringes ! [1] Blue bulb syringe for antibiotic irrigation OPEN ONLY IF USING SALINE: ! [8-10] 60cc syringes for filling sizers and implants ! [1] Twist-n-Ject stop cock ! [2] blue one-way valve connectors ! [1-2] Cysto tubing, single			
<b>SPONGES</b>		[4] Lap sponges			
<b>NON-STERILE SUPPLIES</b>		Wrapping board, large or medium, baby powder			
		No	Type	SN	status
<b>SUTURES</b>		M	[ 4 ] 2-0 Vicryl CT-1	J945	open
		M	[ 6 ] 3-0 Monocryl SH	Y416	open
		M	[ 4 ] 4-0 Monocryl PS-2	Y426	open
		M	[ 2 ] 5-0 Monocryl P3	Y493	hold
		M	[ 2 ] 5-0 Plain gut P3	1915	hold
		M	[ 2 ] 3-0 Ethilon PS-1	1663	hold
<b>DRAINS</b>		[2] 15 Fr. Round Blake drains with connectors and reservoir bulbs - 2188. - <i>hold do not open</i>			
<b>DRESSINGS</b>		! [2] tongue blades ! [2] ABD ! [2] 3x18 Vaseline gauze ! [2] 6" Ace ! [2] 4x4 dressing sponges ! [3] kerlix ! [2] cut drain sponges ! [2] safety pins			
<b>POSTOPERATIVE</b>		Lift with wrapping board, 3 people Safety pin reservoirs to ace, mark with Sharpie			
<b>NOTES</b>					
COMMENTS					
SEE ALSO, SAME AS		see also <a href="#">102 Saline Implant Setup</a> , <a href="#">106 Mastopexy</a> , <a href="#">108 Breast Augmentation</a>			
DATES MODIFIED		October 2006, March 2008, Sept 2009, Mar 2013, Aug 2013			