

305 ABDOMINOPLASTY only, no turnover

This case requires **no** liposuction or turnover unless otherwise indicated.

For lipo, open [306 Abdominoplasty w/ Liposuction and Turnover](#)

updated September 6, 2013

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OPERATIVE TIME: 4 hours	ASSISTANT: Gwen, Cheryl
ICD9 CODE:	V50.1ELECTIVE COSMETIC, 756.7 ABDOMEN
CPT CODE:	15831 ABDOMINOPLASTY
ANESTHESIA NOTES	General, ETT, Kefzol 1gm IV
PATIENT POSITION SETUP	! Supine, arms on boards, gel pads, wrap with towels 2" tape. ! Pillow under legs. Sequentials. ! Foley catheter #12fr - remove foley at end of case. ! Dr. C tattoo set w/ methylene blue, 3cc syringe, 18g needle, 22 g needle, vinyl gloves
TABLE POSITION	normal
ROOM SETUP	! warm room 72°, ! [2] Baer huggers, upper and lower body, pre-warm OR table ! Sequentials
EQUIPMENT	! Metric weighing scale ! Flow sheet to record weights ! Dr. Cuadros headlight w/ [2] light sources ! Hydraulic stool
SPECIALS	Abdominal binder – pt to bring, make sure to ask patient before taking back.
PREP	CHG prep set, foley set
DRAPING	Mayo stand cover cut in half [1] Lap chole drape, [2] ½ sheets, [6] sticky drapes, [1] medium sheet
CAUTERY	50/50 pure, Valley lab silver flat tip (E1450X)
SUCTION	2 suctions - Saf-T-Vac and Yankauer
SOLUTIONS IRRIGATION	[4] liters saline, Asepto Kefzol irrigation to soak Ethibond and Orthocord. 1gm/L NS
NEEDLES SYRINGES	[2] 20cc syringes with [2] 22g spinal Whitaker needles
LOCAL ANESTHETIC	Solution "C" - 200cc - on 20cc/22g spinal 50cc 2% lidocaine w/epi + 50cc 0.5% Marcaine w/epi + 100cc NS NOTE: To download local and tumescent solutions: Click here
MEDICATIONS	2oz Bacitracin ointment Methylene blue for preop tattoo markings

SETS TO OPEN		Dr C General Plastic set, Retractor set			
INSTRUMENTS USED (ON MAYO STAND) - 3 Mayo stands					
	○ FORCEPS	01 Adson, 03 Adson, 05 Adson, 08 Adson, dissector Adson, Russian			
	○ SCISSORS	Straight & Curved Mayo, straight & curved 6" Metz, Reese, Reynolds			
	○ NEEDLE HOLDERS	[2] Mayo Hagar, [2] Crile Wood, [4] Aesculap			
	○ RETRACTORS	Israel, big Richardson, [2] wide facelift, Breast, Senn			
	○ KNIFE BLADES	[4] No. 10 BP, [2] No. 15 BP			
	○ OTHER	Long Mixer right angle clamp, [2] hemostats, [4] towel clamps, [1] Kelly clamp, [2] metal kidney basins			
STERILE SUPPLIES					
		Asepto syringes, [2] suction tubing, Foley kit w/ size #12fr foley [6] marking pens, Mag pad			
SPONGES and TOWELS					
		[4] lap sponge packs, [4] towel packs			
NON-STERILE SUPPLIES					
		[2] Safety pins, suction canisters for weighing, digital scale			
		No	Type	SN	status
SUTURES	M	[2]	3-0 Nylon PS1	1663	open
	M	[2]	#2 Orthocord		open 1 hold 1
	M	[10]	#1 Ethibond CT1	X425	open 6 hold 4
	M	[12]	0 Vicryl CT1	J946	open
	M	[6]	2-0 Vicryl CT1	J945	open
	M	[6]	3-0 Monocryl SH	Y416	open
	M	[4]	4-0 Monocryl PS2	Y496	open 2 hold 2
	M	[2]	5-0 Prolene PC-3	8635	open
DRAINS		[2] 15Fr Round Blake drains with <i>connectors</i> and <i>reservoir bulbs</i> - 2188. Open 2, hold 2			
DRESSINGS		# 2oz tube Bacitracin ointment # [2] Kerlix # [2] tongue depressors # [4] Abd pads # [2] 3x18 Adaptic Vaseline gauze # 2" paper tape # [2] 4x4 packs, # safety pins cut drain sponges for each side			
POSTOPERATIVE		Abdominal binder (pt to bring); remove Foley catheter. Place binder. Straighten bed with legs bent. Transfer to, 2-3 pillows under knees. 1 pillow under head. Safety pin bulbs to abdominal binder; label bulbs with marker pen – 1, 2, 3, 4.			
NOTES		Record specimen weight, A, B, C - note on card Record data on Flow Sheet			
DATES MODIFIED		December 2006, August2007, November 2007, March 2008, May 2009, Dec 2012, Sep 2013			