

## 310 LIMITED LOWER ABDOMINOPLASTY with or without LIPOSUCTION with or without TURNOVER

This procedure is the limited version. It does not require umbilicus transposition.  
Main difference is in sutures.  
It is mainly a skin excision procedure.  
Also know as a "mini" tummy tuck or "Victorias Secret" tummy tuck.

Updated March 19, 2016

OPERATIVE TIME 4 hours	
ICD10 CODE:	CPT CODE(S): 15831- Abdominoplasty, 15877- Liposuction
<b>ANESTHESIA NOTES</b>	If turnover, put to sleep on stretcher, then turn over to prone position onto gel rolls.
<b>PATIENT POSITION   SETUP</b>	Supine, arms on boards, gel pads, wrap with towels 2" tape. Pillow under legs. Plexipulses or Sequentials. Foley catheter using Technicare- <b>remove</b> foley at end of case. Dr. C to tattoo markings with 3cc syringe, 18g needle, 22 g needle, large non-sterile gloves.
<b>TABLE POSITION</b>	normal, large chest gel pads with blanket <i>if turnover</i>
<b>ROOM SETUP</b>	[2] Baer huggers, upper and lower body, pre-warm OR table
<b>LIPOSUCTION SETUP</b>	Liposuction machine with tubing. Check to make sure machine is working, have 1-2 canisters ready. [2] pressure bags at head of table. NOTE: download liposuction flow sheet. <a href="#">Click here</a>
<b>EQUIPMENT</b>	Metric weighing scale, [2] Baer huggers upper body and lower body, Plexi-pulses or Sequentials. Dr. Cuadros Headlight, lightsource and cart, hydraulic stool ***new*** Dornoch OR Fluid Waste Management System
<b>SPECIALS</b>	none
<b>PREP</b>	[2] CHG prep set down to blue chux (x 2 <i>if turnover</i> )
<b>DRAPING</b>	[2] Drape sets, Mayo stand cover cut in half, Plastic Pack, [2] Lap chole drapes, 3/4 sheets, [6] sticky drapes [1] medium sheet
<b>CAUTERY</b>	none for lipo, set to 50/50 pure for abdominoplasty, Valley lab silver flat tip (E1450X), Have extended tip available
<b>SUCTION</b>	No suction for lipo portion; [2] suctions for abdominoplasty: Saf-T-Vac and Yankauer ***new*** Dornoch OR Fluid Waste Management System
<b>STERILE SUPPLIES</b>	[4] marking pens w/ ruler, IV tubing, [2-4] single-head <u>cysto tubing</u> sets, one for each pressure bag Foley catheter #12 fr
<b>SPONGES and TOWELS</b>	[4] lap sponge packs, [4] towels
<b>NON-STERILE SUPPLIES</b>	metric digital scale to weigh specimens, [2] small suction cannisters, [4] pressure bags
<b>SOLUTIONS   IRRIGATION</b>	[4] liters plain saline, large bulbs
<b>NEEDLES   SYRINGES</b>	[2] 10cc syringes; [2] 25g needles 1 1/2" [2] 20cc syringes with [2] 22g spinal Whitaker needles
<b>LOCAL ANESTHETIC</b>	Solution "C" - 200cc - on 20cc/22g spinal Mix 50cc 2%lidocaine w/epi, then add 50cc 0.5% Marcaine w/epi add 100cc NS NOTE: To download local and tumescent solutions: <a href="#">Click here</a>

	<b>MEDICATIONS</b>	2oz Bacitracin ointment Methylene blue for preop tattoo markings
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<b>SETS TO OPEN</b>	Special plastic, lipo cannula set, 4mm and 5mm only			
<b>INSTRUMENTS USED (ON MAYO STAND)</b>				
■ <b>FORCEPS</b>	for lipo: adson w/ teeth, 03 adson for abd: 01, 03, Russians, long adson brown			
■ <b>SCISSORS</b>	for lipo: str stevens tenotomy for abd: Straight & Curved Mayo, straight & curved 6" Metz, Reese			
■ <b>NEEDLE HOLDERS</b>	for lipo: [2] crile wood for abd: crile-wood, mayo-hagar,			
■ <b>RETRACTORS</b>	Israel, extra large Richardson, large facelift, narrow Deaver, Breast, Senn			
■ <b>KNIFE   BLADES</b>	for lipo: [1] No. 15 for abd: [2] No. 10. [1] No. 15			
■ <b>LIPO CANNULAS</b>	for lipo: Hunsdadt infiltration handle, blue connector			
■ <b>OTHER</b>	Large mixer right angle clamp, [2] hemostats, [4] towel clamps, Kelly clamp, metal emesis basins			
	No	Type	SN	status
<b>SUTURES for LIPO</b>	● [ 2 ]	5-0 Vicryl P3	J493G	open
	● [ 2 ]	5-0 fast PC-1	1915G	open
<b>SUTURES for ABD</b>	● [ 6 ]	0 Vicryl CT1	J946H	open
	● [ 4 ]	2-0 Vicryl CT1	J945	open
	● [ 4 ]	3-0 Vicryl SH	J416	open
	● [ 2 ]	4-0 Vicryl PS2	J496	hold
	● [ 4 ]	#1 Ethibond	X425H	hold
	● [ 2 ]	3-0 Nylon PS1	1663	open
	● [ 3 ]	4-0 Monocryl PS2	Y496G	open
<b>DRAINS</b>	[2] 15fr Jackson Pratt drains with connectors and bulbs			
<b>DRESSINGS</b>	[2] 22g tube Bactroban ointment 2] tongue depressors [2] 3x18 Adaptic Vaseline gauze [2] 4x4 packs, cut drain sponges for each side		[2] Kerlix [4] Abd pads 2" paper tape safety pins	
<b>POSTOPERATIVE</b>	paper tape for dressing, abdominal binder (pt to bring), 2-3 pillows under knees move to stretcher, safety pins for drain bulbs, label bulbs with marker pen			
<b>NOTES</b>				
DATE MODIFIED	Feb 2007, Aug 2007, May 2008, July 2009, Mar 2016			