

## 319 Posterior Body Lift with Liposuction and Turnover

this procedure is done entirely in the prone position.

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OPERATIVE TIME 4 hours	
ICD9 CODE: V50.1 elective cosmetic, 278.1 localized adiposity	CPT CODE(S): , 15877- Liposuction
<b>ANESTHESIA NOTES</b>	Put to sleep on stretcher, then turn over to prone position onto gel rolls.
<b>PATIENT POSITION   SETUP</b>	Supine, arms on boards, gel pads, wrap with towels 2" tape. Pillow under legs. Plexipulses or Sequentials. Foley catheter- <b>remove</b> foley at end of case. Dr. C to tattoo markings with 3cc syringe, 18g needle, 22 g needle, large non-sterile gloves.
<b>TABLE POSITION</b>	normal, large chest pads with [5] blankets
<b>ROOM SETUP</b>	[2] Baer huggers, upper and lower body, pre-warm OR table
<b>LIPOSUCTION SETUP</b>	Liposuction machine with tubing. Check to make sure machine is working, have 1-2 canisters ready. [2] pressure bags at head of table.
<b>EQUIPMENT</b>	Metric weighing scale, [2] Baer huggers upper body and lower body, Plexi-pulses or Sequentials. Dr. Cuadros Headlight, lightsource and cart, hydraulic stool
<b>SPECIALS</b>	none
<b>PREP</b>	CHG prep set down to blue chux
<b>DRAPING</b>	Chole Drape sets, Mayo stand cover cut in half, Plastic Pack, 3/4 sheets, [6]sticky drapes, [1] medium sheet NOTE: Place unsterile table cover on OR table before turn
<b>CAUTERY</b>	50/50 pure, Valley lab silver flat tip (E1450X), Have extended tip available.
<b>SUCTION</b>	[2] suctions: Saf-T-Vac and Yankauer
<b>STERILE SUPPLIES</b>	[4] marking pens w/ ruler, IV tubing, [2-4] single-head cysto tubing sets, one for each pressure bag Foley catheter #12 fr
<b>SPONGES and TOWELS</b>	[4] lap sponge packs, [4] towels
<b>NON-STERILE SUPPLIES</b>	metric digital scale to weigh specimens, [2] small suction canisters, [4] pressure bags
<b>SOLUTIONS   IRRIGATION</b>	[4] liters plain saline, large bulbs
<b>NEEDLES   SYRINGES</b>	[2] 10cc syringes; [2] 25g needles 1 ½" for portal sites [2] 20cc syringes with [2] 22g spinal Whitaker needles
<b>LOCAL ANESTHETIC</b>  <b>NOTE: To download local and tumescent solutions: <a href="#">Click here</a></b>	0.5% Lidocaine w w/epi 50cc 200cc Solution "C" - on 20cc/22g spinal Mix 50cc 2%lidocaine w/epi, then add 50cc 0.5% Marcaine w/epi, add 100cc NS [1-2] L Solution "A"; [1-2] L Solution "A -" Ask
<b>MEDICATIONS</b>	2oz Bacitracin ointment Methylene blue for preop tattoo markings

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<b>SETS TO OPEN</b>	Plastic set, lipo cannula set, 4mm and 5mm only			
<b>INSTRUMENTS USED (ON MAYO STAND)</b>				
<b>■ FORCEPS</b>	for lipo: adson w/ teeth, 03 adson			
	for body: 01, 03, 08 long adson brown			
<b>■ SCISSORS</b>	for lipo: Reynolds			
	for body: Straight & Curved Mayo, straight & curved 6" Metz, Reese			
<b>■ NEEDLE HOLDERS</b>	for lipo: [2] crile wood smooth			
	for body: crile-wood, mayo-hagar, olson-hagar			
<b>■ RETRACTORS</b>	large facelift			
<b>■ KNIFE   BLADES</b>	for lipo: [1] No. 15			
	for body: [4] No. 10. [1] No. 15			
<b>■ LIPO CANNULAS</b>	for lipo: Hunsdadt infiltration handle, connector			
<b>■ OTHER</b>	[2] hemostats, [4] towel clamps, Kelly clamp, metal emesis basins			
	No	Type	SN	status
<b>SUTURES for LIPO</b>	[ 2 ]	5-0 Vicryl P3	J493	open
	[ 2 ]	5-0 fast PC-1	1915	open
<b>SUTURES for BODY</b>	[ 6 ]	#1 Vicryl CT1	J261	hold
	[ 4 ]	0 Vicryl CT1	J946	open
	[ 4 ]	2-0 Vicryl CT1	J945	hold
	[ 4 ]	3-0 Vicryl SH	J416	open
	[ 2 ]	4-0 Vicryl PS2	J496	hold
	[ 4 ]	3-0 Monocryl PS2	Y427	hold
	[ 4 ]	4-0 Monocryl PS2	Y496	hold
	[ 2 ]	3-0 Nylon PS1	1663	open
<b>DRAINS</b>	[2] 15fr Jackson Pratt drains with connectors and bulbs			
<b>DRESSINGS</b>	[2-3] large 4x10" (10cm x 25cm) Tegaderm dressings [2-3] medium 4x 4 3/4" (10cm x 12cm) Tegaderm dressings Hold these: Bacitracin ointment 2oz tube with [2] tongue depressors [2] 3x18 Adaptic vaseline gauze, drain sponges, [2] 4x4 packs, [2] kerlix, [4] abd, paper tape, safety pins			
<b>POSTOPERATIVE</b>	paper tape for dressing, binder (pt to bring), 1-2 pillows under knees move to stretcher, safety pins for drain bulbs, label bulbs with marker pen			
<b>NOTES</b>				
DATE MODIFIED	created September 8, 2011			