

	<p>ANESTHESIA NOTES</p>	<p><u>LOCAL ANESTHESIA:</u> patient receives preop Valium, Demerol, and Clonidine. Moderate sedation protocol. Nasal O₂ cannula with CO₂ monitor <u>GENERAL ANESTHESIA:</u> SCD's, pre-warm bed with Baer hugger ✓ Accordion extension ✓ straight connector ✓ long circuit ✓ regular ET tube ✓ Dr. C to sew in tube with 0-Vicryl CT1, needle holder, scissors ✓ Foley 12fr catheter for longer procedures - <i>hold, ask, may NOT need</i></p>
	<p>PATIENT POSITION SETUP</p>	<p><u>IN HOLDING AREA:</u> On DrC Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Versed. Warm blankets, kisses and hugs. <u>IN OR:</u> Position patient bed flat, pillow under knees, terry cloth towel, gel pad, blue towels for headrest. [2] blue Chux under head, blankets to tuck arms. Position bed at 135°. Connect O₂ cannula and CO₂ monitor. Aquaphor to lips, secure Kerlix wrist restraints, hair ties, comb and shaver box Extra pillow in room for end of case.</p>
	<p>ROOM SETUP</p>	<p>Warm room to 70°, then lower to 66° after patient. draped Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table Bovie machine at foot of bed; bipolar foot pedal taped to floor</p>
	<p>**FOR GENERAL ANESTHESIA ONLY**</p>	<p>✓ regular OR table in normal position, rotate <i>clockwise</i> after induction. ✓ SCD's, pre-warm bed with Baer/Mistral ✓ Foley 12 fr catheter for longer procedures - <i>hold, ask, may NOT need</i> ✓ [1] sterile small Tegaderm cut in halves for eyes [general only] *** NO mastisol. NO steri-strips***</p>
	<p>EQUIPMENT</p>	<p>Headlight w/ [2] light sources, Gwen's foot pad, [2] pump up stools</p>
	<p>PREP</p>	<p>Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water.</i> Prep very lightly to face, eyelids, forehead, neck, hair</p>
	<p>DRAPING</p>	<p>Head sheet w/ 2 towels, 1000 drape, split sheet</p>
	<p>CAUTERY note [4] tips</p>	<p>✓ Valleylab flat short silver tip (E1450-X) ✓ Valleylab silver extended <i>needle</i> tip (E1452-6) ✓ Megadyne needle tip (0118A); ✓ Megadyne pencil tip (0013A) ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie set at 20/20 pure ✓ Disposable bipolar cord (#10-4001), Bipolar setting @ 10 ✓ insulated long blue bayonet bipolar forceps, Silverglide bipolar (separate box)</p>
	<p>SUCTION</p>	<p>[2] blue 3/16" suction tubing for Saf-T-Vac Zimmer Fluid Waste Management System</p>
	<p>IRRIGATION</p>	<p>[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl COLD SALINE BATH SETUP: Place crushed ice into large basin on double ring stand, cover with warmer drape. Place small sterile basin on top of warmer drape, pour saline into sterile basin.</p>
	<p>NEEDLES SYRINGES</p>	<p>➤ [10] 22g long Quincke spinal needles (405181); [10] 25g 1½" needle ➤ [10] 20mL syringes for solution C ; ➤ [10] 10mL syringes for solution F ➤ [2] 5cc syringes for 0.25% marcaine w/epi ➤ for Gwen irrigation: [2] 16g angiocath [2] 30cc syringes</p>
	<p>LOCAL ANESTHETICS & SOLUTIONS</p>	<p>Solution C: 200mL mixture of marcaine, lidocaine, epi, saline Solution F: 110ml: Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc Marcaine: 10mL 0.25% w/epi TRANEXAMIC ACID (TXA) SOLUTION: 2gm TXA in 100mL NS irrigation</p>
	<p>PHARMACY MEDICATIONS</p>	<p>[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes [3] gm Tranexamic acid; 1gm to be given IV at beginning; 2gm for irrigation solution</p>

SETS TO OPEN	DrC Facelift set, DrC Special Plastic set, bipolar set, pan set w/ kidney basins			
INSTRUMENTS USED ON 3 MAYO STANDS:				
■ FORCEPS	01's Adsons, 81's, 83's, 05's Adson, smooth Adson, 9" Debakey, 7" Debakey, Dressing forceps, Cushings			
■ SCISSORS	short Freemans, long Freemans, large ceramics, short ceramics, ceramic Metz, Stille stealth black, gold TC curved defatting, str Metz, str Mayo, Reynolds			
■ NEEDLE HOLDERS	[4] 6" smooth Crile Wood NH [1] 6" Debakey NH [1] 9" Debakey NH		[2] Mayo Hagar NH [8] Aesculap serr NH	
■ RETRACTORS	Breast, Maxwell, Freeman facelift, 3-prong chin hook, 3/8" baby Deaver, L-shaped retractor, Weider cheek retractor			
■ KNIFE BLADES	[8] No. 10 blades; 3 round knife handles			
■ SUCTION	Sontec pediatric fluted suction, Andrews-Pynchon mini-Yankauer, large plastic Yankauer suction			
■ OTHER	Titanium spoon, kidney basins			
STERILE SUPPLIES	<ul style="list-style-type: none"> ● 1000 Steri-drape ● [2] needle counters ● cotton balls for ears ● ½" steri-strips (hold for general) ● Disposable bipolar cord #10-4001 ● warmer plastic drape for iced saline ● [8] surgical marker pens ● Mastisol vial (hold for general) ● magnetic pad ● [4] blue plastic bowls ● Plastic Yankauer ● Plastic containers for local <p>GENERAL : add [2] Tegaderm for eyes, NO steri strips, NO Mastisol</p>			
SPONGES	[6] Raytec, [1] Lap			
SUTURES	● ● ● ● ● ● ● ● ● ● ●	[1] [6] [5] [2] [4] [8] [6] [2] [2] [2] [2]	No Type 0 Ethibond CT1 - GENERAL ONLY 3-0 nylon PS-1 2-0 Vicryl SH 5-0 Monocryl P-3 3-0 Chromic PS-2 4-0 Chromic PS-2 5-0 Chromic P3 5-0 Prolene PC-3 5-0 Plain P3 3-0 STRATAFIX FS-2 2-0 STRATAFIX FS	SN status 1663 open 4 hold 2 J417 open 3 hold 2 Y493 open 1 hold 1 1638 open 2 hold 2 1637 open 4 hold 4 687 open 2 hold 2 8635 open 2 686 open 2 SXMD2B-408 hold 2 SXP2B-420 hold 2
DRAINS	[2] 15 fr round Blake drains - <u>with</u> connectors and bulbs cat# 2228 OR [2] 7mm flat Blake drains full fluted- <u>with</u> connectors and bulbs cat# 2211			
DRESSINGS place on Mayo stand start setup after injections over	<ul style="list-style-type: none"> ● Knife blade to cut rubber bands ● [2] Bactroban ointment tubes ● [2] tongue depressors ● [2] packs 4x4's soft sponges ● [1] Abd pad ● Lister bandage scissors ● [1] 4" Ace ● [2] 3x18 Vaseline gauze ● [2] Kerlix ● [2] Safety pins ● Dr. C sterile gloves 			
POSTOPERATIVE	Remove head cushion, put 2 nd pillow under head			
DATES REVISED Nov 2006, Aug 2007, Oct 2007, Nov 2007, March 2008, August 2008, May 2009, July 2009, Sept 2009, Oct 2009, Mar 2010, Nov 2010, March 2012, May 2012, July 2012, Dec 2012, Jan 2013, Apr 2013, Jun 2013, Feb 2014, Mar 2014, Jun 2014, Jan 2015, Jun 2015, Jul 2015, Jul 2016, Jan 2017, Mar 2017, Sep 2017, Oct 2017, Feb 2018, Aug 2019, Aug 2020, Nov 2020				

1st MAYO – Opening and dissectionKnife handles [3] Round w/ [8] #10 bladesCautery tips

Valleylab/Covidien flat short silver tip
 Valleylab/Covidien silver extended needle tip
 Megadyne green needle tip (18A)
 Megadyne green crayon tip (13A)
 Insulated blue bayonet bipolar w/ foot pedal
 Insulated Silver glide bayonet bipolar

Scissors

Freemans scissors TC
 Long Freemans scissors TC
 De-fatters curved scissors TC
 Ceramic scissors small
 Ceramic Gorney scissors large
 Ceramic Metz scissors
 Stille stealth scissors black

Suture Scissors

Straight Mayo scissors TC
 Straight Metz scissors TC
 Reynolds scissors

Retractors

Maxwell facelift
 Weider cheek
 Breast retractor
 3-prong chin hook
 Freeman narrow facelift (agent 99)
 Baby Deaver
 L-shaped retractor

Tissue forceps

01's Adsons forceps
 Smooth Adsons
 [2] 6" long Adsons forceps: 81's, 83's
 6" Dressing forceps ("packers")
 7" Debakey forceps
 9" Debakey forceps

Other

Pediatric fluted Sontec suction
 Andrews-Pynchon mini-Yankauer suction
 Large plastic Yankauer suction
 Marking Pens
 Titanium Spoon
 Raytecs folded into 2"x8" & 1"x16"

2nd MAYO – Local infiltration: syringes and needles, then dressingsSolution C: [10] 20cc syringe w/ 22g spinal Quinke needleSolution F - Lidocaine 0.5% w/epi and bicarb: [10] 10cc syringe w/ 25g 1½" needleMarcaine 0.25% w/ epi for end of case: [2] 5cc syringe w/ 25 g 1½" needle

Smooth Adson, cotton balls, ½" Steri-strips, Mastisol, moist and dry sponges.

NOTE: after local dissection, change local Mayo stand to bleph setup or dressings**3rd MAYO – Neck and Facelift closure instruments and sutures**Neck dissection and platysma repair:

[1] 6" Debakey needle holder loaded with 2-0 Vicryl
 [1] 9" Debakey needle holder (empty)
 7" Debakey tissue forceps, 9" Debakey tissue forceps, 7" Cushings forceps

Facelift closure needle holders and suture

[4] Aesculap needle holders loaded with 3-0 Nylon for drain and traction sutures
 [2] Mayo-hagar needle holders loaded with 2-0 Vicryl for cheek SMAS
 [2] Aesculap needle holders loaded with 2-0 or 3-0 Stratafix
 [2] Aesculap needle holders loaded with 3-0 Chromic and 4-0 Chromic
 [4] Crile-Wood needle holders loaded with 5-0 Chromic, 5-0 Plain, 5-0 Prolene