

403 FACELIFT (includes Mayo stand setup) May include Upper and/or Lower Blepharoplasty, Browlift, Chin implant, Extended Temporal Lift Usually under <u>LOCAL ANESTHESIA</u> ; ✓ note differences under <u>GENERAL ANESTHESIA</u> <p style="text-align: right;">updated March 25, 2017 PAGE 1/3</p>	
OPERATIVE TIME:	4 hours facelift only, 3 hours for limited, 5-6 hours with blepharoplasty or browlift
ANESTHESIA NOTES Note: for general anesthesia use ENT position	<u>LOCAL ANESTHESIA</u> : patient receives preop Valium, Demerol, and Clonidine. Moderate sedation protocol. Nasal O ₂ cannula with CO ₂ monitor <u>GENERAL ANESTHESIA</u> : SCD's, Foley catheter, ✓ Skytron OR table in ENT position w narrow headpiece - rotate clockwise after induction ✓ Dr. C to sew in tube with 0-Vicryl CT1, needle holder, scissors ✓ Accordion extension, ✓ straight connector, ✓ long circuit, ✓ regular ET tube
PATIENT POSITION SETUP	<u>HOLDING AREA</u> : On Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed. Warm blankets, kisses and hugs. <u>IN OR</u> : Position patient bed flat, pillow under knees, terry cloth towel, gel pad, towels for headrest. [2] blue Chux under head, blankets to tuck arms. Rotate clockwise 135°. Nasal prongs with CO ₂ monitor. - Aquaphor to lips. - Kerlix roll wrist restraints. - Hair ties, comb and shaver box - extra pillow in room for end of case
ROOM SETUP	Warm room to 70°, then lower to 66° after patient. draped Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table Bovie machine at foot of bed; bipolar foot pedal taped to floor
FOR GENERAL ANESTHESIA ONLY	✓ On Skytron OR table, ENT position w/ Navarro narrow head piece attachment ✓ SCD's ✓ Foley 12 fr, ✓ 0-Ethibond NH, scissors - Dr. C to sew ETT to mouth ✓ [2] sterile small Tegaderm for eyes [general only] NO mastisol. NO Kerlix. NO head set-up. NO steri-strips
EQUIPMENT	Headlight w/ [2] light sources, Gwen's foot pad, [2] white hydraulic pump up stools
PREP	Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water</i> . Prep lightly to face, eyelids, forehead, neck, hair
DRAPING	Head sheet w/ 2 towels, 1000 drape, split sheet
CAUTERY note [4] tips	✓ Valleylab flat short silver tip (E1450-X) ✓ Valleylab silver extended <i>needle</i> tip (E1452-6) ✓ Megadyne needle tip (0118A); ✓ Megadyne pencil tip (0013A) ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie 20/20 pure ✓ Disposable bipolar cord (#10-4001), Bipolar setting @ 10 ✓ insulated Bayonet bipolar forceps
SUCTION	[2] blue 3/16" suction tubing for Saf-T-Vac & Yankauer
SOLUTIONS IRRIGATION	[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl COLD SALINE BATH SETUP : get crushed ice in cooler, place ice into large basin on double ring stand, cover with warmer drape, place small sterile basin on top of warmer drape, pour saline in sterile basin
NEEDLES SYRINGES	[10] 22g long Quincke spinal needles (405181); [10] 25g 1½" needle [10] 20cc syringes ➤ for solution C [10] 10cc syringes ➤ for solution F [2] 5cc syringes ➤ for 0.25% marcaine w/epi [2] 16g angiocath [2] 30cc syringes ➤ for Gwen irrigation
LOCAL ANESTHETIC & SOLUTIONS	<u>Solution C</u> : 200cc mixture of 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + Normal Saline 100cc <u>Solution F</u> : Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc <u>Marcaine</u> : 0.25% w/epi 30cc
MEDICATIONS (for local)	[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes

SETS TO OPEN

Dr C Facelift & Dr. C Special Plastic set

INSTRUMENTS USED ON 3 MAYO STANDS:

- ▶ 1st MAYO – Opening and dissection
- ▶ 2nd MAYO – Local infiltration, syringes and needles; then dressings or bleph/brow
- ▶ 3rd MAYO – Neck and face closure

■ **FORCEPS**

01's Adsons, 08's 6" Adsons, smooth Adson, 9" Debakey, 7" Debakey, Dressing forceps, Cushings

■ **SCISSORS**

short Freemans, long Freemans, Large ceramics, short ceramics, ceramic Metz, Stille stealth black, gold TC curved defatting, str Metz, str Mayo, Reynolds

■ **NEEDLE HOLDERS**

[4] 6" smooth Crile Wood NH	[2] Mayo Hagar NH
[1] 6" Debakey NH	[8] Aesculap serr NH
[1] 9" Debakey NH	

■ **RETRACTORS**

Breast, Maxwell, Freeman facelift, 3-prong chin hook, 3/8" baby Deaver, L-shaped retractor, Weider cheek

■ **KNIFE | BLADES**

[8] No. 10 blades; 3 round knife handles

■ **OTHER**

Titanium spoon, kidney basins, insulated Bayonet bipolar forceps, pediatric suction, plastic Yankauer suction

STERILE SUPPLIES

- | | |
|--|------------------------------------|
| ● 1000 Steri-drape | ● [8] surgical marker pens |
| ● [2] needle counters | ● Mastisol vial (hold for general) |
| ● cotton balls for ears | ● magnetic pad |
| ● ½" steri-strips (hold for general) | ● [4] blue plastic bowels |
| ● Disposable bipolar cord #10-4001 | ● Plastic Yankauer |
| ● warmer plastic drape for iced saline | ● [3] med glasses |

GENERAL : add [2] Tegaderm for eyes, NO steri strips, NO Mastisol

SPONGES

[6] Raytec, [1] Lap

SUTURES

No	Type	SN	status	
[1]	0 Ethibond CT1 - GENERAL ONLY			hold
[8]	3-0 nylon PS-1	1663	open 8	
[5]	2-0 Vicryl SH	J417	open 3	hold 2
[2]	5-0 Monocryl P-3	Y493	open 2	
[4]	3-0 Chromic PS-2	1638	open 2	hold 2
[8]	4-0 Chromic PS-2	1637	open 4	hold 4
[6]	5-0 Chromic P3	687	open 2	hold 2
[2]	5-0 Prolene PC-3	8635	open 2	
[2]	5-0 Plain P3	686	open 4	
[2]	3-0 STRATAFIX FS-2, 19mm	SXMD2B-408		hold 2
[2]	2-0 STRATAFIX FS, 26mm	SXPD2B-420		hold 2

DRAINS

[2] 7mm flat Blake drains - *with* connectors and bulbs cat#2211 full fluted

DRESSINGS
place on Mayo stand
start setup after injections
over

- | | |
|-----------------------------------|---------------------------|
| ● Knife blade to cut rubber bands | ● [1] 4" Ace |
| ● [2] Bactroban ointment tubes | ● [2] 3x18 Vaseline gauze |
| ● tongue blade | ● [2] Kerlix |
| ● [2] packs 4x4's soft sponges | ● [2] Safety pins |
| ● [1] Abd pad | ● Dr. C sterile gloves |
| ● Lister bandage scissors | |

POSTOPERATIVE

Remove head cushion, put 2nd pillow under head

DATES MODIFIED

Nov 2006, Aug 2007, Oct 2007, Nov 2007, March 2008, August 2008, May 2009, July 2009, Sept 2009, Oct 2009, Mar 2010, Nov 2010, March 2012, May 2012, July 2012, Dec 2012, Jan 2013, Apr 2013, Jun 2013, Feb 2014, Mar 2014, Jun 2014, Jan 2015, Jun 2015, Jul 2015, Jul 2016, Jan 2017, Mar 2017

Knife handles [3] Round w/ [8] #10 blades

Cautery tips

Valleylab/Covidien flat short silver tip
Valleylab/Covidien silver extended needle tip
Megadyne green needle tip (18A)
Megadyne green crayon tip (13A)
Insulated bayonet bipolar w/ foot pedal

Scissors

Freemans scissors TC
Long Freemans scissors TC
De-fatters curved scissors TC
Ceramic scissors short
Ceramic Gorney scissors big
Ceramic Metz scissors
Stille stealth scissors black

Suture Scissors

Straight Mayo scissors TC
Straight Metz scissors TC
Reynolds scissors

Retractors

Maxwell facelift
Weider cheek
Breast retractor
3-prong chin hook
Freeman narrow facelift
Baby Deaver
L-shaped retractor

Tissue forceps

01's Adsons forceps
Smooth Adsons
81's, 83's – 6" long Adsons forceps
6" Dressing forceps
7" Debakey forceps
9" Debakey forceps

Other

Pediatric suction
Plastic Yankauer suction
Marking Pens
Titanium Spoon
Raytecs folded into 2" x 8", 1" x 16"

2nd MAYO – Local infiltration: syringes and needles, then dressings

Solution C:

[10] 20cc syringe w/ 22g spinal Quinke needle

Solution F - Lidocaine 0.5% w/epi and bicarb:

[10] 10cc syringe w/ 25g 1½" needle mixed with NaBicarb (1:10)

Marcaine 0.25% w/ epi for end of case:

[2] 5cc syringe w/ 25 g 1½" needle

Smooth Adson, cotton balls, ½" Steri-strips, Mastisol, moist and dry sponges.

NOTE: after local dissection, change local Mayo stand to bleph setup or dressings

3rd MAYO – Neck and Facelift closure instruments and sutures

Neck dissection and platysma repair:

[1] 6" Debakey needle holder loaded with 2-0 Vicryl
[1] 9" Debakey needle holder (empty)
7" Debakey tissue forceps, 9" Debakey tissue forceps, 7" Cushings forceps

Facelift closure needle holders and suture

[4] Aesculap needle holders loaded with 3-0 Nylon for drain and traction sutures
[2] Mayo-hagar needle holders loaded with 2-0 Vicryl for cheek SMAS
[2] Aesculap needle holders loaded with 3-0 Quill
[2] Aesculap needle holders loaded with 3-0 Chromic and 4-0 Chromic
[4] Crile-Wood needle holders loaded with 5-0 Chromic, 5-0 Plain, 5-0 Prolene