

## 403 FACELIFT (includes Mayo stand setup)

May include Upper and/or Lower Blepharoplasty, Browlift, Chin implant, Extended Temporal Lift  
Usually under LOCAL ANESTHESIA; ✓ note differences under GENERAL ANESTHESIA

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<p><b>ANESTHESIA NOTES</b> Note: for general anesthesia use ENT position</p>	<p><u>LOCAL ANESTHESIA</u>: patient receives preop Valium, Demerol, and Clonidine. Moderate sedation protocol. Nasal O<sub>2</sub> cannula with CO<sub>2</sub> monitor <u>GENERAL ANESTHESIA</u>: SCD's, pre-warm bed with Baer hugger ✓ Accordion extension ✓ straight connector ✓ long circuit ✓ regular ET tube ✓ Dr. C to sew in tube with 0-Vicryl CT1, needle holder, scissors</p>
<p><b>PATIENT POSITION SETUP</b></p>	<p><u>HOLDING AREA</u>: On Dr. C Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Decadron, 0.5 to 1 mg Versed. Warm blankets, kisses and hugs. <u>IN OR</u>: Position patient bed flat, pillow under knees, terry cloth towel, gel pad, blue towels for headrest. [2] blue Chux under head, blankets to tuck arms. Position bed clockwise 135°. Nasal prongs with CO<sub>2</sub> monitor. Aquaphor to lips   Kerlix roll wrist restraints   Hair ties, comb and shaver box   Extra pillow in room for end of case</p>
<p><b>ROOM SETUP</b></p>	<p>Warm room to 70°, then lower to 66° after patient. draped Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table Bovie machine at foot of bed; bipolar foot pedal taped to floor</p>
<p><b>FOR * GENERAL ANESTHESIA *</b> <b>ONLY</b></p>	<p>✓ Skytron OR table in reversed ENT position, rotate <i>counter-clockwise</i> after induction. ✓ SCD's, pre-warm bed with Baer hugger ✓ Foley 12fr catheter - ask, may NOT need ✓ [2] sterile small Tegaderm for eyes [general only] *** NO mastisol. NO Kerlix. NO steri-strips***</p>
<p><b>EQUIPMENT</b></p>	<p>Headlight w/ [2] light sources, Gwen's foot pad, [2] white hydraulic pump up stools</p>
<p><b>PREP</b></p>	<p>Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water</i>. Prep lightly to face, eyelids, forehead, neck, hair</p>
<p><b>DRAPING</b></p>	<p>Head sheet w/ 2 towels, 1000 drape, split sheet</p>
<p><b>CAUTERY</b> note [4] tips</p>	<p>✓ Valleylab flat short silver tip (E1450-X) ✓ Valleylab silver extended <u>needle</u> tip (E1452-6) ✓ Megadyne needle tip (0118A); ✓ Megadyne pencil tip (0013A) ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie 20/20 pure ✓ Disposable bipolar cord (#10-4001), Bipolar setting @ 10 ✓ insulated Bayonet bipolar forceps</p>
<p><b>SUCTION</b></p>	<p>[2] blue 3/16" suction tubing for Saf-T-Vac &amp; Yankauer</p>
<p><b>SOLUTIONS   IRRIGATION</b></p>	<p>[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl COLD SALINE BATH SETUP: get crushed ice in cooler. place ice into large basin on double ring stand, cover with warmer drape. place small sterile basin on top of warmer drape, pour saline in sterile basin.</p>
<p><b>NEEDLES   SYRINGES</b></p>	<p>[10] 22g long Quincke spinal needles (405181); [10] 25g 1½" needle [10] 20cc syringes ➤ for solution C [10] 10cc syringes ➤ for solution F [2] 5cc syringes ➤ for 0.25% marcaine w/epi [2] 16g angiocath [2] 30cc syringes ➤ for Gwen irrigation</p>
<p><b>LOCAL ANESTHETIC &amp; SOLUTIONS</b></p>	<p><u>Solution C</u>: 200cc mixture of 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + Normal Saline 100cc <u>Solution F</u>: Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc <u>Marcaine</u>: 0.25% w/epi 30cc</p>
<p><b>MEDICATIONS (for local)</b></p>	<p>[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes</p>

# 403 FACELIFT

## SETS TO OPEN

Dr C Facelift & Dr. C Special Plastic set

## INSTRUMENTS USED ON 3 MAYO STANDS:

- ▶ 1st MAYO – Opening and dissection
- ▶ 2nd MAYO – Local infiltration, syringes and needles; then dressings or bleph/brow
- ▶ 3rd MAYO – Neck and face closure

### ■ FORCEPS

01's Adsons, 81's, 83's, 05's Adson, smooth Adson, 9" Debakey, 7" Debakey, Dressing forceps, Cushings

### ■ SCISSORS

short Freemans, long Freemans, Large ceramics, short ceramics, ceramic Metz, Stille stealth black, gold TC curved defatting, str Metz, str Mayo, Reynolds

### ■ NEEDLE HOLDERS

[4] 6" smooth Crile Wood NH	[2] Mayo Hagar NH
[1] 6" Debakey NH	[8] Aesculap serr NH
[1] 9" Debakey NH	

### ■ RETRACTORS

Breast, Maxwell, Freeman facelift, 3-prong chin hook, 3/8" baby Deaver, L-shaped retractor, Weider cheek

### ■ KNIFE | BLADES

[8] No. 10 blades; 3 round knife handles

### ■ OTHER

Titanium spoon, kidney basins, insulated Bayonet bipolar forceps, pediatric suction, plastic Yankauer suction

## STERILE SUPPLIES

- |  |                                    |
|--|------------------------------------|
| ● 1000 Steri-drape                     | ● [8] surgical marker pens         |
| ● [2] needle counters                  | ● Mastisol vial (hold for general) |
| ● cotton balls for ears                | ● magnetic pad                     |
| ● 1/2" steri-strips (hold for general) | ● [4] blue plastic bowels          |
| ● Disposable bipolar cord #10-4001     | ● Plastic Yankauer                 |
| ● warmer plastic drape for iced saline | ● [3] med glasses                  |

**GENERAL** : add [2] Tegaderm for eyes, NO steri strips, NO Mastisol

## SPONGES

[6] Raytec, [1] Lap

## SUTURES

No	Type	SN	status	
[ 1 ]	0 Ethibond CT1 - <b>GENERAL ONLY</b>			hold
[ 8 ]	3-0 nylon PS-1	1663	open 8	
[ 5 ]	2-0 Vicryl SH	J417	open 3	hold 2
[ 2 ]	5-0 Monocryl P-3	Y493	open 2	
[ 4 ]	3-0 Chromic PS-2	1638	open 2	hold 2
[ 8 ]	4-0 Chromic PS-2	1637	open 4	hold 4
[ 6 ]	5-0 Chromic P3	687	open 2	hold 2
[ 2 ]	5-0 Prolene PC-3	8635	open 2	
[ 2 ]	5-0 Plain P3	686	open 4	
[ 2 ]	3-0 STRATAFIX FS-2, 19mm	SXMD2B-408		hold 2
[ 2 ]	2-0 STRATAFIX FS, 26mm	SXPD2B-420		hold 2

## DRAINS

[2] 7mm flat Blake drains - *with* connectors and bulbs cat#2211 full fluted

**DRESSINGS**  
place on Mayo stand  
start setup after injections  
over

- |                                   |                           |
|-----------------------------------|---------------------------|
| ● Knife blade to cut rubber bands | ● [1] 4" Ace              |
| ● [2] Bactroban ointment tubes    | ● [2] 3x18 Vaseline gauze |
| ● tongue blade                    | ● [2] Kerlix              |
| ● [2] packs 4x4's soft sponges    | ● [2] Safety pins         |
| ● [1] Abd pad                     | ● Dr. C sterile gloves    |
| ● Lister bandage scissors         |                           |

## POSTOPERATIVE

Remove head cushion, put 2<sup>nd</sup> pillow under head

## DATES REVISED

Nov 2006, Aug 2007, Oct 2007, Nov 2007, March 2008, August 2008, May 2009, July 2009, Sept 2009, Oct 2009, Mar 2010, Nov 2010, March 2012, May 2012, July 2012, Dec 2012, Jan 2013, Apr 2013, Jun 2013, Feb 2014, Mar 2014, Jun 2014, Jan 2015, Jun 2015, Jul 2015, Jul 2016, Jan 2017, Mar 2017, Sep 2017, Oct 2017

Knife handles [3] Round w/ [8] #10 bladesCautery tips

Valleylab/Covidien flat short silver tip  
 Valleylab/Covidien silver extended needle tip  
 Megadyne green needle tip (18A)  
 Megadyne green crayon tip (13A)  
 Insulated bayonet bipolar w/ foot pedal

Scissors

Freemans scissors TC  
 Long Freemans scissors TC  
 De-fatters curved scissors TC  
 Ceramic scissors short  
 Ceramic Gorney scissors big  
 Ceramic Metz scissors  
 Stille stealth scissors black

Suture Scissors

Straight Mayo scissors TC  
 Straight Metz scissors TC  
 Reynolds scissors

Retractors

Maxwell facelift  
 Weider cheek  
 Breast retractor  
 3-prong chin hook  
 Freeman narrow facelift  
 Baby Deaver  
 L-shaped retractor

Tissue forceps

01's Adsons forceps  
 Smooth Adsons  
 81's, 83's – 6" long Adsons forceps  
 6" Dressing forceps  
 7" Debakey forceps  
 9" Debakey forceps

Other

Pediatric suction  
 Plastic Yankauer suction  
 Marking Pens  
 Titanium Spoon  
 Raytecs folded into 2" x 8", 1" x 16"

**2<sup>nd</sup> MAYO – Local infiltration: syringes and needles, then dressings**Solution C:

[10] 20cc syringe w/ 22g spinal Quinke needle

Solution F - Lidocaine 0.5% w/epi and bicarb:

[10] 10cc syringe w/ 25g 1½" needle mixed with NaBicarb (1:10)

Marcaine 0.25% w/ epi for end of case:

[2] 5cc syringe w/ 25 g 1½" needle

Smooth Adson, cotton balls, ½" Steri-strips, Mastisol, moist and dry sponges.

NOTE: after local dissection, change local Mayo stand to bleph setup or dressings

**3<sup>rd</sup> MAYO – Neck and Facelift closure instruments and sutures**Neck dissection and platysma repair:

[1] 6" Debakey needle holder loaded with 2-0 Vicryl  
 [1] 9" Debakey needle holder (empty)  
 7" Debakey tissue forceps, 9" Debakey tissue forceps, 7" Cushings forceps

Facelift closure needle holders and suture

[4] Aesculap needle holders loaded with 3-0 Nylon for drain and traction sutures  
 [2] Mayo-hagar needle holders loaded with 2-0 Vicryl for cheek SMAS  
 [2] Aesculap needle holders loaded with 3-0 Quill  
 [2] Aesculap needle holders loaded with 3-0 Chromic and 4-0 Chromic  
 [4] Crile-Wood needle holders loaded with 5-0 Chromic, 5-0 Plain, 5-0 Prolene