

404 Limited Facelift - NO NECK

***** If opening neck, then use FULL FACELIFT CARD 403 *****

Set up is same as Full Facelift but has fewer sutures, less local, no bipolar
There is no submental incision or platysma repair.

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OPERATIVE TIME:	3 hours
ANESTHESIA NOTES	<u>LOCAL ANESTHESIA WITH INTRAVENOUS SEDATION:</u> Patient receives preop Valium, Demerol, and Clonidine prn. Nasal O ₂ cannula with CO ₂ monitor
Note: for general anesthesia use ENT position	<u>GENERAL ANESTHESIA:</u> SCD's, Foley catheter, ✓ regular OR table in ENT position - rotate <i>clockwise</i> after induction ✓ Dr. C to sew in tube with 0-Vicryl CT1, needle holder, scissors ✓ Accordion extension, ✓ straight connector, ✓ long circuit, ✓ regular ET tube
PATIENT POSITION SETUP	<u>HOLDING AREA:</u> On Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed. Warm blankets, kisses and hugs. <u>IN OR:</u> Position patient bed flat, pillow under knees, terry cloth towel, gel pad, towels for headrest. [2] blue Chux under head, blankets to tuck arms. Rotate clockwise 135°. Nasal prongs with CO ₂ monitor. - Aquaphor to lips. - Kerlix roll wrist restraints. - Hair ties, comb and shaver box - extra pillow in room for end of case
ROOM SETUP	Warm room to 70°, then lower to 68° after patient. draped Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table Bovie machine at foot of bed; bipolar foot pedal taped to floor
EQUIPMENT	Headlight w/ [2] light sources, Gwen's foot pad [2] white hydraulic pump up stools
PREP	Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water.</i> Prep lightly to face, eyelids, forehead, neck, hair
DRAPING	Head sheet w/ 2 green towels, 1000 drape, split sheet
CAUTERY note [2] tips	✓ Valleylab flat short silver tip (E1450-X) ✓ Megadyne pencil tip (0013A) NO LONG TIPS ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie 20/20 pure
SUCTION	[2] blue 3/16" suction tubing for Saf-T-Vac & Yankauer Zimmer Fluid Waste Management System
SOLUTIONS IRRIGATION	[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl COLD SALINE BATH SETUP: place crushed ice into large basin on double ring stand, cover with warmer drape, place small sterile basin on top of warmer drape, pour saline in sterile basin
NEEDLES SYRINGES	[6] 22g long Quincke spinal needles (405181) [6] 25g 1½" needle [6] 20cc syringes ➤ for solution C [6] 10cc syringes ➤ for 0.5% lidocaine w/epi [2] 16g angiocath [2] 30cc syringes ➤ for Gwen
LOCAL ANESTHETIC & SOLUTIONS	<u>Solution C:</u> 200cc mixture of 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + Normal Saline 100cc <u>Solution F:</u> Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc <u>Marcaine:</u> 0.25% w/epi 30cc
MEDICATIONS (for local)	[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes [3] Tranexamic acid 1 gm vials 1gm to be given IV at beginning; 2gm for irrigation solution

SETS TO OPEN

Dr C Facelift & Dr. C Special Plastic set

INSTRUMENTS USED ON 3 MAYO STANDS:

- ▶ 1st MAYO – Opening and dissection
- ▶ 2nd MAYO – Local infiltration, syringes and needles; then dressings or bleph/brow
- ▶ 3rd MAYO – Neck and face closure

■ **FORCEPS**

01's Adsons, 08's 6" Adsons, smooth Adson, 9" Debaquey Dressing forceps, Cushings, 6" Gold Adson Browns

■ **SCISSORS**

short Freemans, long Freemans, Gorneys, gold curved defatting, str Metz, str Mayo, Reynolds

■ **NEEDLE HOLDERS**

[4] 6" smooth Crile Wood NH [2] Mayo Hagar NH
[1] 6" Debaquey NH [8] Aesculap serr NH

■ **RETRACTORS**

Breast, Maxwell, Freeman facelift, L-shaped retractor

■ **KNIFE | BLADES**

[6] No. 10 blades

■ **OTHER**

Titanium spoon, kidney basins, baby Yankauer, large Yankauer

STERILE SUPPLIES

- 1000 Steri-drape
 - [2] needle counters
 - cotton balls for ears
 - ½" steri-strips (hold for general)
 - warmer plastic drape for iced saline
 - [8] surgical marker pens
 - Mastisol vial (hold for general)
 - magnetic pad
 - [4] blue plastic bowls
 - Plastic Yankauer
 - [3] med glasses
- GENERAL** : add [2] Tegaderm for eyes, NO steri strips, NO Mastisol

SPONGES

[6] Raytec, [1] Lap

SUTURES

No	Type	SN	status	
[4]	3-0 nylon PS-1	1663	open	
[2]	2-0 Vicryl SH	J417	open	
[2]	5-0 Monocryl P-3	Y493	open	
[4]	3-0 Chromic PS-2	1638	open 2	hold 2
[6]	4-0 Chromic PS-2	1637	open	
[4]	5-0 Chromic P3	687	open 2	hold 2
[2]	5-0 Prolene PC-3	8635	open	
[3]	5-0 Plain P3	686	open	
[2]	3-0 STRATAFIX FS-2, 19mm	SXMD2B-408		hold 2
[2]	2-0 STRATAFIX FS, 26mm	SXPD2B-420		hold 2

HOLD DRAINS

[2] 7mm flat Blake drains w/ connectors and bulbs #2211 full fluted - **HOLD**

DRESSINGS
place on Mayo stand

- Knife blade to cut rubber bands
- [2] Bactroban ointment tubes
- tongue blade
- [2] packs 4x4's soft sponges
- [1] Abd pad
- Lister bandage scissors
- [1] 4" Ace
- [2] 3x18 Vaseline gauze
- [2] Kerlix
- [2] Safety pins
- Dr. C sterile gloves

POSTOPERATIVE

Remove head cushion, put 2nd pillow under head

DATES MODIFIED

May 2014, July 2014, Jan 2017, Dec 2018

1st MAYO – Opening and dissection**404 Limited Facelift, NO NECK**

Knife handles [3] Round w/ [4] blades

Cautery tips

Valleylab flat short silver tip

NOTE: No long instruments or cautery tips

Retractors

Maxwell facelift

Weider cheek

breast retractor

Freeman facelift

Baby deaver

L-retractor

Scissors

Freemans TC

De-fatters TC

Scissors

Ceramic short

Ceramic long Gorney

Scissors

Str Mayo's TC

Str Metz TC

Reynolds

Tissue forceps

01 Adsons

08 long Adsons

6" Gold Adson-Brown

Other

Baby Yankauer

Marking Pens

Titanium Spoon

Raytecs folded 2 x 8

2nd MAYO – Local infiltration: syringes and needles, then dressings

Solution C:

[6] 20cc syringe w/ 22g spinal Quinke needle

Lidocaine 0.5% with epi:

[6] 10cc syringe w/ 25g 1½" needle mixed with NaBicarb (1:10)

Marcaine 0.25%with epi for end of case:

[2] 5cc syringe w/ 25 g 1½" needle

Smooth Adson, cotton balls, ½" Steri-strips, Mastisol, moist and dry sponges.

NOTE: after local dissection, change local Mayo stand to bleph setup or dressings

3rd MAYO – Neck and Facelift closure instruments

NO Neck dissection

Facelift closure needle holders and suture

[4] Aesculap needle holders loaded with 3-0 Nylon for drain and traction sutures

[2] Mayo-hagar needle holders loaded with 2-0 Vicryl for cheek SMAS

[2] Aesculap needle holders loaded with 3-0 Quill

[2] Aesculap needle holders loaded with 3-0 Chromic and 4-0 Chromic

[4] Crile-Wood needle holders loaded with 5-0 Chromic, 5-0 Plain, 5-0 Prolene