

## 404 FACELIFT MAYO STAND SETUP

updated November 7, 2010

### 1<sup>st</sup> MAYO – Opening and dissection

Knife handles [3] No. 10

Bovie tips

Valleylab flat short silver tip (E1450-X)  
Valleylab silver extended needle tip (E1452-6)  
Megadyne needle tip (0118A)  
Megadyne pencil tip (0013A)

Scissors

Freemans  
Gorney's  
Long Freemans  
Reeses  
Defatters  
Str Mayos gold  
Str Metz gold

Retractors

Baby deaver  
Chin hook  
Maxwell facelift  
Freeman facelift  
L-retractor  
breast retractor

Tissue forceps

01 Adsons  
03 Adsons  
Foxy browns

Spoon

Raytec folded 2 x 8

### 2<sup>nd</sup> MAYO – Local infiltration: syringes and needles, then dressings

Solution C:

[4] 20cc syringe w/ 22g spinal Quinke needle

Lidocaine 0.5% with epi:

[6] 10cc syringe w/ 25g 1½" needle

Marcaine 0.25%with epi for end of case:

[2] 5cc syringe w/ 25 g 1½" needle

Note: after local dissection, change to bleph setup or dressings

### 3<sup>rd</sup> MAYO – Neck and Facelift closure instruments

Neck dissection:

9" Debakey needle holder (2-0 Vicryl)  
6" Debakey needle holder (3-0 Vicryl)  
9" Debakey tissue forceps  
6" Debakey tissue forceps

Suture Cutting Scissors:

Str Mayo scissors gold  
Str Metz scissors gold  
6" Reynolds scissors

Facelift closure needle holders and suture

[2] Olson Hagar (3-0 Nylon)  
[2] Mayo Hagar (2-0 Vicryl)  
[2] Crile Wood serrated (3-0 Vicryl, 4-0 Chromic)  
[4] Crile wood smooth (5-0 Chromic, 5-0 Plain, 5-0 Prolene)

Skin stapler

Facelift closure forceps:

01 Adson  
03 Adson  
08 Long Adsons  
Foxy Brown  
Cushings  
Str Mayos gold  
Str Metz gold