

## 404 Limited Facelift - NO NECK

\*\*\*\*\* If opening neck, then use FULL FACELIFT CARD 403 \*\*\*\*\*

Set up is same as Full Facelift but has fewer sutures, less local, no bipolar  
There is no submental incision or platysma repair.

updated January 20, 2017– PAGE 1/3

OPERATIVE TIME:	3 hours
<b>ANESTHESIA NOTES</b>	<u>LOCAL ANESTHESIA WITH INTRAVENOUS SEDATION:</u> Patient receives preop Valium, Demerol, and Clonidine prn. Nasal O <sub>2</sub> cannula with CO <sub>2</sub> monitor
<b>Note: for general anesthesia use ENT position</b>	<u>GENERAL ANESTHESIA:</u> SCD's, Foley catheter, ✓ regular OR table in ENT position - rotate <i>clockwise</i> after induction ✓ Dr. C to sew in tube with 0-Vicryl CT1, needle holder, scissors ✓ Accordion extension, ✓ straight connector, ✓ long circuit, ✓ regular ET tube
<b>PATIENT POSITION   SETUP</b>	<u>HOLDING AREA:</u> On Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed. Warm blankets, kisses and hugs. <u>IN OR:</u> Position patient bed flat, pillow under knees, terry cloth towel, gel pad, towels for headrest. [2] blue Chux under head, blankets to tuck arms. Rotate clockwise 135°. Nasal prongs with CO <sub>2</sub> monitor. - Aquaphor to lips. - Kerlix roll wrist restraints. - Hair ties, comb and shaver box - extra pillow in room for end of case
<b>ROOM SETUP</b>	Warm room to 70°, then lower to 68° after patient. draped Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table Bovie machine at foot of bed; bipolar foot pedal taped to floor
<b>EQUIPMENT</b>	Headlight w/ [2] light sources, Gwen's foot pad [2] white hydraulic pump up stools
<b>PREP</b>	Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water.</i> Prep lightly to face, eyelids, forehead, neck, hair
<b>DRAPING</b>	Head sheet w/ 2 green towels, 1000 drape, split sheet
<b>CAUTERY</b> note [2] tips	✓ Valleylab flat short silver tip (E1450-X) ✓ Megadyne pencil tip (0013A) ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie 20/20 pure
<b>SUCTION</b>	[2] blue 3/16" suction tubing for Saf-T-Vac & Yankauer
<b>SOLUTIONS   IRRIGATION</b>	[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl <b>COLD SALINE BATH SETUP:</b> get crushed ice in cooler, place ice into large basin on double ring stand, cover with warmer drape, place small sterile basin on top of warmer drape, pour saline in sterile basin
<b>NEEDLES   SYRINGES</b>	[6] 22g long Quincke spinal needles (405181) [6] 25g 1½" needle [6] 20cc syringes ➤ for solution C [6] 10cc syringes ➤ for 0.5% lidocaine w/epi [2] 16g angiocath [2] 30cc syringes ➤ for Gwen
<b>LOCAL ANESTHETIC &amp; SOLUTIONS</b>	<u>Solution C:</u> 200cc mixture of 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + Normal Saline 100cc <u>Solution F:</u> Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc <u>Marcaine:</u> 0.25% w/epi 30cc
<b>MEDICATIONS (for local)</b>	[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes

**SETS TO OPEN**

Dr C Facelift &amp; Dr. C Special Plastic set

**INSTRUMENTS USED ON 3 MAYO STANDS:**

- ▶ 1st MAYO – Opening and dissection
- ▶ 2nd MAYO – Local infiltration, syringes and needles; then dressings or bleph/brow
- ▶ 3rd MAYO – Neck and face closure

<b>■ FORCEPS</b>	01's Adsons, 08's 6" Adsons, smooth Adson, 9" Debakey Dressing forceps, Cushings, 6" Gold Adson Browns
<b>■ SCISSORS</b>	short Freemans, long Freemans, Gorneys, gold curved defatting, str Metz, str Mayo, Reynolds
<b>■ NEEDLE HOLDERS</b>	[4] 6" smooth Crile Wood NH [2] Mayo Hagar NH [1] 6" Debakey NH [8] Aesculap serr NH
<b>■ RETRACTORS</b>	Breast, Maxwell, Freeman facelift, L-shaped retractor
<b>■ KNIFE   BLADES</b>	[6] No. 10 blades
<b>■ OTHER</b>	Titanium spoon, kidney basins, baby Yankauer, large Yankauer

**STERILE SUPPLIES**

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>● 1000 Steri-drape</li> <li>● [2] needle counters</li> <li>● cotton balls for ears</li> <li>● ½" steri-strips (hold for general)</li> <li>● warmer plastic drape for iced saline</li> </ul> | <ul style="list-style-type: none"> <li>● [8] surgical marker pens</li> <li>● Mastisol vial (hold for general)</li> <li>● magnetic pad</li> <li>● [4] blue plastic bowls</li> <li>● Plastic Yankauer</li> <li>● [3] med glasses</li> </ul> |
|--|---|
- GENERAL** : add [2] Tegaderm for eyes, NO steri strips, NO Mastisol

**SPONGES**

[6] Raytec, [1] Lap

**SUTURES**

No	Type	SN	status	
[ 4 ]	3-0 nylon PS-1	1663	open	
[ 2 ]	2-0 Vicryl SH	J417	open	
[ 2 ]	5-0 Monocryl P-3	Y493	open	
[ 4 ]	3-0 Chromic PS-2	1638	open 2	hold 2
[ 6 ]	4-0 Chromic PS-2	1637	open	
[ 4 ]	5-0 Chromic P3	687	open 2	hold 2
[ 2 ]	5-0 Prolene PC-3	8635	open	
[ 3 ]	5-0 Plain P3	686	open	
[ 2 ]	3-0 STRATAFIX FS-2, 19mm	SXMD2B-408		hold 2
[ 2 ]	2-0 STRATAFIX FS, 26mm	SXPD2B-420		hold 2

**HOLD DRAINS**[2] 7mm flat Blake drains w/ connectors and bulbs #2211 full fluted - **HOLD****DRESSINGS**  
place on Mayo stand

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>● Knife blade to cut rubber bands</li> <li>● [2] Bactroban ointment tubes</li> <li>● tongue blade</li> <li>● [2] packs 4x4's soft sponges</li> <li>● [1] Abd pad</li> <li>● Lister bandage scissors</li> </ul> | <ul style="list-style-type: none"> <li>● [1] 4" Ace</li> <li>● [2] 3x18 Vaseline gauze</li> <li>● [2] Kerlix</li> <li>● [2] Safety pins</li> <li>● Dr. C sterile gloves</li> </ul> |
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**POSTOPERATIVE**Remove head cushion, put 2<sup>nd</sup> pillow under head

DATES MODIFIED

May 2014, July 2014, Jan 2017

**1<sup>st</sup> MAYO – Opening and dissection****404 Limited Facelift, NO NECK**

Knife handles [3] Round w/ [4] blades

Cautery tips

Valleylab flat short silver tip

Scissors

Freemans TC  
De-fatters TC

Tissue forceps

01 Adsons  
08 long Adsons  
6" Gold Adson-Brown

Scissors

Ceramic short  
Ceramic long Gorney

Other

Baby Yankauer  
Marking Pens  
Titanium Spoon  
Raytecs folded 2 x 8

Retractors

Maxwell facelift  
Weider cheek  
breast retractor  
Freeman facelift  
Baby deaver  
L-retractor

Scissors

Str Mayo's TC  
Str Metz TC  
Reynolds

**2<sup>nd</sup> MAYO – Local infiltration: syringes and needles, then dressings**

Solution C:

[6] 20cc syringe w/ 22g spinal Quinke needle

Lidocaine 0.5% with epi:

[6] 10cc syringe w/ 25g 1½" needle mixed with NaBicarb (1:10)

Marcaine 0.25%with epi for end of case:

[2] 5cc syringe w/ 25 g 1½" needle

Smooth Adson, cotton balls, ½" Steri-strips, Mastisol, moist and dry sponges.

*NOTE:* after local dissection, change local Mayo stand to bleph setup or dressings

**3<sup>rd</sup> MAYO – Neck and Facelift closure instruments**

NO Neck dissection

Facelift closure needle holders and suture

[4] Aesculap needle holders loaded with 3-0 Nylon for drain and traction sutures  
[2] Mayo-hagar needle holders loaded with 2-0 Vicryl for cheek SMAS  
[2] Aesculap needle holders loaded with 3-0 Quill  
[2] Aesculap needle holders loaded with 3-0 Chromic and 4-0 Chromic  
[4] Crile-Wood needle holders loaded with 5-0 Chromic, 5-0 Plain, 5-0 Prolene