# PREOP HOLDING AREA

**HOLDING AREA:**
- On Stryker eye bed. Start IV on right side. Baer hugger.
- Patient receives preop PO Valium, Demerol, and Clonidine
- Nasal O₂ cannula with CO₂ monitor
- Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding.
- Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed.
- Warm blankets, kisses and hugs.

# PATIENT POSITION | SETUP

**IN OR:** Position patient bed flat, pillow under knees, terry cloth towel, gel pad, towels for headrest. [2] blue Chux under head, blankets to tuck arms.
- Rotate clockwise 135°. Nasal prongs with CO₂ monitor.
- ✔️ Aquaphor to lips. ✔️ Kerlix roll wrist restraints.
- ✔️ extra pillow in room for end of case

# ROOM SETUP

- Warm room to 70°, then lower to 68° after pt draped
- Warm up Bovie grounding pad and EKG leads in warmer
- NO Bair hugger

# EQUIPMENT

- Headlight and extension box, [2] light sources, No stools
- **PREP** Chloroxylenol (PCMX), 4x4 sponge box - do not add water.

# DRAPING

- Custom ENT pack

# CAUTERY


# SUCTION

- none

# SOLUTIONS | IRRIGATION

- BSS with 22g angiocath, plain saline
- COLD SALINE BATH SETUP: Place crushed ice into large basin on double ring stand, cover with warmer drape. Place small sterile basin on top of warmer drape, pour saline in sterile basin.

# NEEDLES | SYRINGES

- [2] 27g 1” needle on [2] 10cc syringe
- [2] 30g ½” needles on [2] 3cc syringes
- 22g angiocath for BSS

# LOCAL ANESTHETIC

- If doing upper and lower: use solution E2. Mix 50/50:
  - 1% lidocaine w/ epi 1:100,000 - 1 vial
  - 0.5 % marcaine w/epi 1:100,000 - 1 vial
- If ONLY doing upper or lower: use Solution E1
  - 1% lidocaine w/ epi - 1 vial, buffered 1:10 with HCO3

# MEDICATIONS

- Purelube ophthalmic ointment
- TRANEXAMIC ACID (TXA) SOLUTION: 2gm TXA in 100mL NS irrigation
- Purelube ophthalmic ointment

# STERILE SUPPLIES

- 1000 drape, needle box, magnetic pad
- [2] No 15 scalper blades

# SPONGES

- [1] pack Raytec, 10ea.

# NON-STERILE SUPPLIES

- Purelube ophthalmic ointment
<table>
<thead>
<tr>
<th>SETS TO OPEN</th>
<th>Dr. C Bleph Fine Facial Set</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INSTRUMENTS USED ON MAYO STAND</strong></td>
<td></td>
</tr>
<tr>
<td><strong>FORCEPS</strong></td>
<td>05 Adson, .5mm silver foxes CV, .5mm gold foxes CV, Lister fixation, blue titanium CV, fenestrated Adson</td>
</tr>
<tr>
<td><strong>SCISSORS</strong></td>
<td>Kaye bleph, Baby Kayee, Gradles, short and long baby bear, mama bear and papa bear, Wescott</td>
</tr>
<tr>
<td><strong>RETRACTORS</strong></td>
<td>#3, #2 Demars, 5mm double skin hook, 4-prong mini</td>
</tr>
<tr>
<td>**KNIFE</td>
<td>BLADES**</td>
</tr>
<tr>
<td><strong>OTHER</strong></td>
<td></td>
</tr>
<tr>
<td><strong>SUTURES</strong></td>
<td></td>
</tr>
<tr>
<td>For uppers <em>only</em> &gt;</td>
<td></td>
</tr>
<tr>
<td>●</td>
<td>[ 4 ] 6-0 Prolene P1</td>
</tr>
<tr>
<td>●</td>
<td>[ 4 ] 5-0 Prolene PC3 (MEN)</td>
</tr>
<tr>
<td>Add for lowers &gt;</td>
<td></td>
</tr>
<tr>
<td>●</td>
<td>[ 1 ] 4-0 Nylon P3</td>
</tr>
<tr>
<td>●</td>
<td>[ 2 ] 6-0 Prolene P1</td>
</tr>
<tr>
<td>●</td>
<td>[ 2 ] 6-0 Monocryl P1</td>
</tr>
<tr>
<td>●</td>
<td>[ 2 ] 5-0 Monocryl TF</td>
</tr>
<tr>
<td>●</td>
<td>[ 2 ] 6-0 Fast Gut</td>
</tr>
<tr>
<td><strong>DRESSINGS</strong></td>
<td>4x4 soft cover sponge soaked in iced saline to place on eyes</td>
</tr>
<tr>
<td><strong>POSTOPERATIVE</strong></td>
<td>Remove head cushion, put 2nd pillow under head, lift head of bed</td>
</tr>
</tbody>
</table>