

## 415 SUBMENTAL LIPECTOMY (neck lift)

with or w/out Tulip LIPOSUCTION, can be EXTENDED

this operation is done through the neck incision ONLY. It is a limited procedure that includes platysmaplasty

Updated July 3, 2016

CPT CODE(S):	15829 NECK LIFT WITH SMAS
<b>ANESTHESIA NOTES</b>	<u>LOCAL ANESTHESIA</u> : patient receives preop Valium, Demerol, and Clonidine. Moderate sedation protocol. Nasal O <sub>2</sub> cannula with CO <sub>2</sub> monitor
<b>PATIENT POSITION   SETUP</b>	<u>HOLDING AREA</u> : On Stryker eye bed. Start IV on right side. Baer hugger. Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding. Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed. Warm blankets, kisses and hugs. <u>IN OR</u> : Position patient bed flat, pillow under knees, terry cloth towel, gel pad, towels for headrest. [2] blue Chux under head, blankets to tuck arms. Rotate clockwise 135°. Nasal prongs with CO <sub>2</sub> monitor. - Aquaphor to lips. - Kerlix roll wrist restraints. - Hair ties, comb and shaver box - extra pillow in room for end of case
<b>ROOM SETUP</b>	Warm room to 70°, then lower to 68° after pt. draped [call x1690] Warm up Bovie grounding pad and EKG leads in warmer [for local] [2] ring stands for dirty sponges; [1] Double ring stand for ice bath [3] Mayo stands, [1] large back table; Bovie machine at foot of bed; bipolar foot pedal taped to floor
<b>EQUIPMENT</b>	Headlight w/ [2] light sources, Gwen's foot pad [2] white hydraulic pump up stools marked with orange tape
<b>SPECIALS</b>	none
<b>PREP</b>	Chlorxylenol (PCMX), 4x4 sponge box - <i>do not add water</i> . Prep lightly to face, eyelids, forehead, neck, hair
<b>DRAPING</b>	Head sheet w/ 2 towels, 1000 drape, split sheet
<b>CAUTERY note [4] tips</b>	✓ Vallelab flat short silver tip (E1450-X) ✓ Vallelab silver extended <i>needle</i> tip (E1452-6) ✓ Megadyne needle tip (0118A); ✓ Megadyne pencil tip (0013A) ✓ Safe-t-Vac, ✓ [2] holsters, ✓ Bovie 20/20 pure ✓ Disposable bipolar cord (#10-4001), Bipolar setting @ 10 ✓ insulated Bayonet bipolar forceps
<b>SUCTION</b>	[2] blue 3/16" suction tubing for Saf-T-Vac & Yankauer
<b>for EXTENDED add</b>	Dr. C will make additional incision behind neck and do dissection and suturing. Will need facelift scissors, sutures. May use drains [HOLD]
<b>for LIPOSUCTION</b>	Dr. C will bring Tulip cannulas; <b>NO</b> suction required
<b>SOLUTIONS   IRRIGATION</b>	[3] liters NS irrigation, [2] Asepto syringes, [1] saline bowl <b>COLD SALINE BATH SETUP</b> : get crushed ice in cooler, place ice into large basin on double ring stand, cover with warmer drape, place small sterile basin on top of warmer drape, pour saline in sterile basin
<b>NEEDLES   SYRINGES</b>	[5] 22g long Quincke spinal needles (405181); [10] 25g 1½" needle [5] 20cc syringes ➤ for solution C [5] 10cc syringes ➤ for solution F [1] 16g angiocath [1] 30cc syringes ➤ for Gwen irrigation
<b>LOCAL ANESTHETIC &amp; SOLUTIONS</b>	<u>Solution C</u> : 200cc mixture of 2% lidocaine w/epi 50cc + 0.5% Marcaine w/epi 50cc + Normal Saline 100cc <u>Solution F</u> : Lidocaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc
<b>MEDICATIONS</b>	[4] Versed; [4] Fentanyl; [1] Zofran; [1] Kefzol; [2] Bactroban ointment tubes

**SETS TO OPEN**

Dr C Facelift & Dr. C Special Plastic set

**INSTRUMENTS USED (ON MAYO STAND)**

<b>■ FORCEPS</b>	01's Adsons, 08's 6" Adsons, smooth Adson, 9" Debakey Dressing forceps, Cushings, 6" Gold Adson Browns	
<b>■ SCISSORS</b>	short Freemans, long Freemans, Gorneys, gold curved defatting, str Metz, str Mayo, Reynolds	
<b>■ NEEDLE HOLDERS</b>	[4] 6" smooth Crile Wood NH [1] 6" Debakey NH [1] 9" Debakey NH	[2] Mayo Hagar NH [8] Aesculap NH
<b>■ RETRACTORS</b>	Breast, Maxwell, Freeman facelift, Chin hook, 3/8" peds Deaver, L-shaped retractor	
<b>■ KNIFE   BLADES</b>	[2] No. 10 blades	
<b>■ OTHER</b>	kidney basin, insulated Bayonet bipolar forceps, baby Yankauer, large Yankauer	
<b>■ LIPOSUCTION &amp; INFILTRATION CANNULAS</b>	<b><i>HOLD HOLD HOLD</i></b> . Dr. C will bring Tulip cannulas; <b>NO</b> suction required	

**STERILE SUPPLIES**

- 1000 Steri-drape
- [2] needle counters
- cotton balls for ears
- [3] med glasses
- 1/2" steri-strips (hold for general)
- Disposable bipolar cord #10-4001
- [6] surgical marker pens
- Mastisol vial (hold for general)
- labels for local
- magnetic pad
- [4] blue plastic bowels
- Plastic Yankauer

**SPONGES**

[6] Raytec, [1] Lap

**NON-STERILE SUPPLIES**

**SUTURES**

No	Type	SN	status
[ 1-2 ]	3-0 nylon PS-1	1663	hold
[ 2 ]	3-0 Vicryl SH	J416	hold
[ 2 ]	2-0 Vicryl SH	J417	hold
[ 1 ]	5-0 Monocryl P-3	Y493	hold
[ 2 ]	4-0 Chromic PS-2	1637	hold
[ 2 ]	5-0 Chromic P-3	687	hold
[ 2 ]	5-0 Plain P3	686	open

**DRAINS**

[1-2] small 10fr round Jackson Pratt with bulb and connector - HOLD

**DRESSINGS**

- [2] Bactroban ointment tubes
- tongue blade
- [2] packs 4x4's
- [1] Abd
- Lister bandage scissors
- [1] 4" Ace
- [2] 3x18 Vaseline gauze
- [2] Kerlix
- [2] Safety pins - **HOLD**
- Dr. C sterile gloves

**POSTOPERATIVE**

Remove head cushion, put pillow under head, lift head of bed

COMMENTS

Procedure is very similar to neck portion of facelift with or without addition of liposuction. Usually includes suturing of platysma in midline. Extended version includes incision behind ear.

DATE MODIFIED

March 2008, December 2008, Oct 2013, May 2015, July 2016