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| <h2 style="text-align: center;">701 HAND CASES - BASIC SETUP</h2> <p>includes the following: GANGLION WRIST, GANGLION FINGER, CARPAL TUNNEL RELEASE, TRIGGER FINGER RELEASE, DUPUYTRENS EXCISION, CMC ARTHROPLASTY, FLEXOR OR EXTENSOR TENDON REPAIR - items in black pull for every case, items in grey for some cases</p> | |
| <p>OPERATIVE TIME: 30-60 minutes ASSISTANT: no</p> | <p>FREQUENCY: 20-30/year USUAL LOCATIONS: Mainly Pres Day, NMO, Pres Main</p> |
| <p>ANESTHESIA NOTES</p> <p>PATIENT POSITION SETUP</p> <p>TABLE POSITION</p> <p>ROOM SETUP</p> | <p>IV regional, double tourniquet upper arm or single tourniquet forearm, Kefzol 1gm IV before tourniquet goes up</p> <p>On stretcher, with eye protection, tube gauze under tourniquet, 1000 drape</p> <p>Rotate stretcher 90°</p> <p>Arm table, [2] pump-up chairs</p> |
| <p>EQUIPMENT</p> <p>SPECIALS</p> <p>PREP</p> <p>DRAPING</p> <p>CAUTERY</p> <p>SUCTION</p> | <p><input type="checkbox"/> Arm table <input type="checkbox"/> tourniquet box set to 250 or 275 mmHg <input type="checkbox"/> tourniquet double or single cuff 18", 24" <input type="checkbox"/> 3" stockinette under tourniquet <input type="checkbox"/> Orthoglass splint cart as needed</p> <p>Mini OEC, Stryker power and sagittal saw for CMC arthroplasty</p> <p>CHG prep set for all hand cases, take off tape, keep IV in</p> <p>Basic pack, mayo cover, [1] 3/4 sheet, [2] half sheets, large impervious stockinette</p> <p>Mentor or Xomed small bipolar cautery unit set to 60, pedal next to bed, bipolar cord, disposable green bipolar forceps</p> <p>none</p> |
| <p>SOLUTIONS IRRIGATION</p> <p>LOCAL ANESTHETIC</p> <p>NEEDLES SYRINGES</p> <p>MEDICATIONS</p> | <p>Kefzol irrigation, water</p> <p>0.5% Marcaine for IV regional or general anesthesia; for MAC mix 0.5% Marcaine with 2% Lidocaine with epi 50:50</p> <p>1 ½" 25g needle, 10cc syringe</p> <p><input type="checkbox"/> Kefzol <input type="checkbox"/> Bacitracin ointment 2 oz</p> |
| <p>SETS TO OPEN</p> <p>INSTRUMENTS USED (keep on back table) - varies with specific procedure - see below</p> <p>■ FORCEPS</p> <p>■ SCISSORS</p> <p>■ NEEDLE HOLDERS</p> <p>■ RETRACTORS</p> <p>■ KNIFE BLADES</p> <p>■ OTHER</p> | <p>Hand set, special plastic</p> <p>Dissecting Adson, Smooth gold Adson, 03 Adson, 05 Adson, rat tooth</p> <p>curved Stevens, straight Stevens, Metz</p> <p>Webster, Crile Wood, Mayo Hagar</p> <p>Senn, Ragnell, Weitlaner, finger, large Senn, double skin hooks</p> <p>[2] No. 15</p> <p>Lead hand, osteotome, rongeur small and large, [2] small right angle clamps</p> |

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| | <p style="text-align: center;">STERILE SUPPLIES</p> <p style="text-align: center;">SPONGES</p> <p style="text-align: center;">NON-STERILE SUPPLIES</p> | 1000 drape, large impervious stockinette, disposable green bipolar forceps and cord, blue bulb syringe, marking pen Raytec Orthoglass splint | | | |
| | <p>SUTURES</p> | No | Type | SN | status |
| | ● | [] | 4-0 Nylon PC-3 | | hold |
| | ● | [] | 5-0 Nylon PC-3 | | hold |
| | ● | [] | 4-0 Vicryl P3 | | hold |
| | ● | [] | 5-0 Vicryl P3 | | hold |
| | ● | [] | 3-0 Vicryl SH | | hold |
| | ● | [] | 2-0 Ethibond RB-1 | | hold |
| | ● | [] | 4-0 Ethibond RB-1 | | hold |
| | <p style="text-align: center;">DRAINS</p> <p style="text-align: center;">DRESSINGS</p> | none (except Dupuytren's) Bacitacin, small Adaptic 3x3, 4x4 gauze, 2" or 3" Kling, 3" Orthoglass splint cut to length, 3" Ace | | | |
| NOTES ON SPECIFIC CASES | | | | | |
| | ◆ | GANGLION WRIST ICD9CM - 727.41 CPT - 25111 | | Double tourniquet upper arm, lead hand,, smooth adson, Senn, Ragnell, 3" kling, 3" ace, 3" orthoglass splint ● 5-0 Vicryl P3 | |
| | ◆ | GANGLION FINGER ICD9CM - 727.42 CPT- 26160 | | Single tourniquet forearm, Lead hand, 3 2" Kling, 1" Coban, no splint ● 5-0 or 4-0 Nylon PC- | |
| | ◆ | CARPAL TUNNEL RELEASE ICD9CM - 354.0 CPT - 64721 | | Double tourniquet upper arm, Weitlaner, Metz, Senn Lead hand, ● 4-0 Nylon PC-3 | |
| | ◆ | TRIGGER FINGER RELEASE ICD9CM - 727.03 CPT - 26055 | | single tourniquet on forearm, Lead hand, 2" Kling, 1" Coban, no splint ● 5-0 or 4-0 Nylon PC-3 (ask) | |
| | ◆ | DUPUYTREN'S RELEASE ICD9CM - 728.6 CPT - 26123 | | Double tourniquet upper arm, Fluid warmer, headlight, Telfa pad, [2] Raytex, 4" Esmarch, Lead hand, blue vessel loop drains (do not open), ● [2-4] 4-0 Nylon PC-3 | |
| | ◆ | TENDON REPAIR ICD9CM - 883.2 CPT - 26356 | | Lead hand, [2] 22g needles ● 4-0 Nylon PC3, 4-0 Ethibond RB1, 5-0 Prolene RB1 | |
| | ◆ | CMC ARTHROPLASTY ICD9CM - 715.14 CPT - 25447 | | Mini OEC and drape, Stryker sagittal saw, ½" blade Rongeurs, osteotomes, right angle clamps, Metz, rat tooth [3] Kerlix, orthoglass ● 3-0 Vicryl SH, 2-0 Ethibond RB-1, 5-0 Vicryl P3 | |
| | <p style="text-align: center;">POSTOPERATIVE</p> <p>DATES MODIFIED</p> | Put arm on pillow, sling in PACU March 2006, October 2007 | | | |