415 SUBMENTAL LIPECTOMY (neck lift)  
with or w/out Tulip LIPOSUCTION, can be EXTENDED  
this operation is done through the neck incision ONLY. It is a limited procedure that includes platysmaplasty  
Updated July 3, 2016

CPT CODE(S): 15829  NECK LIFT WITH SMAS

ANESTHESIA NOTES  
LOCAL ANESTHESIA: patient receives preop Valium, Demerol, and Clonidine.  
Moderate sedation protocol. Nasal O₂ cannula with CO₂ monitor

PATIENT POSITION | SETUP  
HOLDING AREA: On Stryker eye bed. Start IV on right side. Baer hugger.  
Apply warm Bovie pad, EKG pads, wrist restraints, etc. in holding.  
Give IV Kefzol, Zofran, Decadron and ½ to 1 mg Versed.  
Warm blankets, kisses and hugs.  
In OR: Position patient bed flat, pillow under knees, terry cloth towel, gel pad,  
towels for headrest. [2] blue Chux under head, blankets to tuck arms.  
Rotate clockwise 135°. Nasal prongs with CO₂ monitor.  
- Aquaphor to lips.  
- Hair ties, comb and shaver box  
- Kerlix roll wrist restraints.  
- Extra pillow in room for end of case

ROOM SETUP  
Warm room to 70°, then lower to 68° after pt. drapped [call x1690]  
Warm up Bovie grounding pad and EKG leads in warmer [for local]  
Bovie machine at foot of bed; bipolar foot pedal taped to floor

EQUIPMENT  
Headlight w/ [2] light sources, Gwen’s foot pad  
[2] white hydraulic pump up stools marked with orange tape

SPECIALS  
none

PREP  
Chlorhexylenol (PCMX), 4x4 sponge box - do not add water.  
Prep lightly to face, eyelids, forehead, neck, hair

DRAPPING  
Head sheet w/ 2 towels, 1000 drape, split sheet

CAUTERY  
[6] Valleylab silver extended needle tip (E1452-6)  
[5] Disposable bipolar cord (#10-4001), Bipolar setting @ 10  
[5] insulated Bayonet bipolar forceps

SUCTION  

for EXTENDED add  
Dr. C will make additional incision behind neck and do dissection and suturing.  
Will need facelift scissors, sutures. May use drains [HOLD]

for LIPOSUCTION  
Dr. C will bring Tulip cannulas; NO suction required

SOLUTIONS | IRRIGATION  
COLD SALINE BATH SETUP: get crushed ice in cooler,  
place ice into large basin on double ring stand, cover with warmer drape, place  
small sterile basin on top of warmer drape, pour saline in sterile basin

NEEDLES | SYRINGES  
[5] 22g long Quincke spinal needles (405181); [10] 25g 1½" needle  
[5] 20cc syringes ➤ for solution C  
[5] 10cc syringes ➤ for solution F  
[1] 16g angiocath [1] 30cc syringes ➤ for Gwen irrigation

LOCAL ANESTHETIC & SOLUTIONS  
Solution C: 200cc mixture of  
2% lidocaine w/epi 50cc + 0.5%Marcaine w/epi 50cc + Normal Saline 100cc  
Solution F: LidoCaine 0.5% w/epi 100cc + NaBicarb 8.4% 10cc

MEDICATIONS  
[2] Bactroban ointment tubes
### SETS TO OPEN
Dr C Facelift & Dr. C Special Plastic set

### INSTRUMENTS USED (ON MAYO STAND)

<table>
<thead>
<tr>
<th>Section</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FORCEPS</strong></td>
<td>01’s Adsons, 08’s 6” Adsons, smooth Adson, 9” Debakey</td>
</tr>
<tr>
<td></td>
<td>Dressing forceps, Cushing’s, 6” Gold Adson Browns</td>
</tr>
<tr>
<td><strong>SCISSORS</strong></td>
<td>short Freemans, long Freemans, Gornays, gold curved defatting, str Metz,</td>
</tr>
<tr>
<td></td>
<td>str Mayo, Reynolds</td>
</tr>
<tr>
<td><strong>NEEDLE HOLDERS</strong></td>
<td>[4] 6” smooth Crile Wood NH</td>
</tr>
<tr>
<td></td>
<td>[1] 6” Debakey NH</td>
</tr>
<tr>
<td></td>
<td>[1] 9” Debakey NH</td>
</tr>
<tr>
<td><strong>RETRACTORS</strong></td>
<td>Breast, Maxwell, Freeman facelift, Chin hook, 3/8” peds Deaver,</td>
</tr>
<tr>
<td></td>
<td>L-shaped retractor</td>
</tr>
<tr>
<td>**KNIFE</td>
<td>BLADES**</td>
</tr>
<tr>
<td><strong>OTHER</strong></td>
<td>kidney basin, insulated Bayonet bipolar forceps,</td>
</tr>
<tr>
<td></td>
<td>baby Yankauer, large Yankauer</td>
</tr>
<tr>
<td>**LIPOSUCTION &amp;</td>
<td><strong>HOLD HOLD HOLD.</strong> Dr. C will bring Tulip cannulas; <strong>NO</strong> suction required</td>
</tr>
<tr>
<td>INFILTRATION CANNULAS</td>
<td></td>
</tr>
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</table>

### STERILE SUPPLIES
- 1000 Steri-drape
- [2] needle counters
- cotton balls for ears
- [3] med glasses
- ½” steri-strips (hold for general)
- Disposable bipolar cord #10-4001
- [6] surgical marker pens
- Mastisol vial (hold for general)
- labels for local
- magnetic pad
- [4] blue plastic bowels
- Plastic Yankauer

### NON-STERILE SUPPLIES

<table>
<thead>
<tr>
<th>No.</th>
<th>Type</th>
<th>SN</th>
<th>status</th>
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<tbody>
<tr>
<td>[1-2]</td>
<td>3-0 nylon PS-1</td>
<td>1663</td>
<td>hold</td>
</tr>
<tr>
<td>[2]</td>
<td>3-0 Vicryl SH</td>
<td>J416</td>
<td>hold</td>
</tr>
<tr>
<td>[2]</td>
<td>2-0 Vicryl SH</td>
<td>J417</td>
<td>hold</td>
</tr>
<tr>
<td>[1]</td>
<td>5-0 Monocryl P-3</td>
<td>Y493</td>
<td>hold</td>
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<tr>
<td>[2]</td>
<td>4-0 Chromic PS-2</td>
<td>1637</td>
<td>hold</td>
</tr>
<tr>
<td>[2]</td>
<td>5-0 Chromic P-3</td>
<td>687</td>
<td>hold</td>
</tr>
<tr>
<td>[2]</td>
<td>5-0 Plain P3</td>
<td>686</td>
<td>open</td>
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</tbody>
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### DRAINS
[1-2] small 10fr round Jackson Pratt with bulb and connector - HOLD

### DRESSINGS
- [2] Bactroban ointment tubes
- tongue blade
- [2] packs 4x4's
- [1] Abd
- Lister bandage scissors
- [1] 4” Ace
- [2] 3x18 Vaseline gauze
- [2] Kerlix
- [2] Safety pins - HOLD
- Dr. C sterile gloves

### POSTOPERATIVE
Remove head cushion, put pillow under head, lift head of bed

### COMMENTS
Procedure is very similar to neck portion of facelift with or without addition of liposuction. Usually includes suturing of platysma in midline. Extended version includes incision behind ear.

### DATE MODIFIED